

Still Rolling Stones

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Lu Olsen (AUS) - March 2022
音乐: Still Rolling Stones - Lauren Daigle : (iTunes)



Quick intro: start on word 'shadows' Ver: 1.01

[1-8] Fwd45, L Cross samba, Fwd, Fwd, Back, ¼ L side shuffle

- 1, Step R fwd to right 45, 12.00
- 2 & 3 L cross samba: Cross L over R, Step R to Right, Step L to Left 12.00
- 4, 5, 6, Step R fwd, Step L fwd, Rock R back
- 7 & 8 ¼ Left turn & Step L to left, Step R beside L, Step L to Left 9.00

[9-16] Cross, Scissor, Side, ½ hinge side, ¼ fwd, ½ back, 3/8th fwd

- 1, 2 & 3 Cross R over L, Step L to left, Step R beside L, Cross L over R, 9.00
- 4, 5, Step R to Right, ½ Left hinge & rock L to left(3.00),
- 6, ¼ Right turn & step R fwd 6.00
- 7, 8 ** ½ Right turn & step L back, 3/8 Right turn & step R fwd, ** 4.30

[17-24] Fwd/45, Lock, Fwd/45, 1/8 fwd, Lock, Fwd, Fwd/45, Lock, Fwd/45, 1/8 fwd, Lock, fwd

- 1, 2 & Step L fwd L45 (4.30), Lock R behind L, Step L fwd L45 4.30
- 3 & 4 1/8th Right turn & step R fwd(6.00), Lock L behind R, Step R fwd, 6.00
- 5, 6 & Step L fwd L45 (6.00), Lock R behind L, Step L fwd L45 6.00
- 7 & 8 # 1/8th Right turn & step R fwd(7.30), Lock L behind R, Step R fwd, # 7.30

[25-32] Fwd, Touch over, Side, Cross kick, Centre, Cross kick, Centre, Fwd, Back, ½ shuffle fwd

- 1, 2 & Step L fwd, Touch R toe over L, Step R to Right 7.30
- 3 & 4 &, Low Kick L over R, Step L to centre, Low Kick R over L, Step R to centre 7.30
- 5, 6, Step L fwd, Rock R back, 7.30
- 7 & 8 ½ Left turn & step L fwd, Step R beside L, Step L fwd 1.30

[33-40] Lift/ ¼ turn, Fwd, Back/ 3/8 sweep, Sailor Cross, Side, Side, Behind, ¼ fwd, Fwd

- & 1, (&) Lift R & ¼ Left turn, (1) Step R fwd (10.30), 10.30
- 2, Push back onto L into 3/8th Right turn(3.00)/sweep R (commence 3/8 turn R sailor cross) 3.00
- 3 & 4 Step R behind L, Step L to left, Cross R over L, 3.00
- 5, 6, Step/rock L to left, Rock R to Right, 3.00
- 7 & 8 Step L behind R, ¼ Right turn & step R fwd, Step L fwd, 6.00

[41-48] Fwd, ½ pivot, ½ turn shuffle, 1/8th back, Cross, Back, 1/8 tog, Cross

- 1, 2 Step R fwd, ½ Left pivot turn, 12.00
- 3 & 4 ½ left turning shuffle stepping R, L, R 6.00
- 5, 6, 1/8th Left turn & Step L back, Cross R over L 4.30
- 7 & 8 Step L back, 1/8th Right turn & Step R tog, Step L over R 6.00

Short Wall 6 (6.00) dance to count 16** add 4 count Tag then Restart to 12.00)

TAG:

- 1,2,3,4, Straighten to 12.00 & step L fwd, ½ Right pivot, ½ Right turn & step L back, Touch R beside L

(No Turn Option)1,2,3,4, Straighten to 12.00 & step L fwd, Rock R back, Step L back, Touch R beside L
..Restart 12.00

Last wall 8 (6.00) Dance to count 24 # add 1/8th left turn & Cross L over R to finish to 12.00

Note: (Finish dance at the end of the vocals, please ignore the instrumental at the very end)

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Update: Mar 2022
