

Indah

拍数: 48 墙数: 2 级数: Easy Intermediate
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音乐: Indah - Agnes Monica



Intro: 48 Counts

WALK, WALK, OUT OUT, STEP SIDE, TOUCH, ¼ TURN , COASTER STEP

1 , 2 Walking R, L
&3 , 4 Step RF to R side, Step LF to L side, Hold
&5 , 6 Step RF next to LF, Touch L toe to side, make ¼ turn L weight on RF (09:00)
7 & 8 Step LF back, Close RF next to LF, Step LF fwd

BOTAFOGO, SAILOR STEP, TURN ¼ SAILOR STEP

1 & 2 Cross RF over LF, Step LF to side, Step RF in place
3 & 4 Cross LF over RF, Step RF to side, Step LF in place
5 & 6 Sweep RF back, Step LF to side, Step RF in place
7 & 8 Make ¼ turn L Sweeping LF back, Step RF to side, Step LF in place (06:00)

DOROTHY, HEEL DIG, CLOSE AND BOUNCH

1 , 2& Step RF diagonal fwd, Cross LF behind RF, Step RF fwd
3 , 4& Step LF diagonal fwd, Cross RF behind LF, Step LF fwd
5 , 6 Touch R heel diagonal fwd, Hold
&7&8 Step RF back, Close LF next to RF, Lift & Drop both Heels

MAMBO STEP TURN

1 & 2 Rock RF fwd, Recover LF, make ¼ turn L stepping RF back (03:00)
3 & 4 Step LF back, Recover on RF, Step LF fwd
5 & 6 Rock RF fwd, Recover LF, make ¼ turn L stepping RF back (12:00)
7 & 8 Step LF back, Recover on RF, Step LF fwd

OUT- OUT WITH FLICK, HIP BUMP (R,L)

1 , 2 Step RF to side with flick, Step LF to side with flick
3 & 4 Hip Bump R – L - R
5 , 6 Step LF to side with flick, Step RF to side with flick
7 & 8 Hip Bump L – R - L

VI. MAKE ¼ TURN R WITH KNEE POP (2X), ¼ TURN R TRIPLEWALK, KICK BALL TOUCH, DRAG, STEP BALL

1 , 2 Make ¼ turn R Stepping RF fwd with knee pop, Step LF fwd with knee pop (03:00)
3 & 4 Make ¼ turn R Walking R – L – R (06:00)
5 & 6 Kick LF fwd, Step LF in place, Touch RF to right side
7 & 8 Drag RF next to LF, Close RF next to LF, Step LF fwd

** Restarts:-

On Wall 5 after 16 counts (06:00)

On Wall 6 & 7 after 32 counts (06:00)

HAPPY DANCING!!!