

For The Rest of My Life

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Magali CHABRET (FR) - March 2022
音乐: September - James Arthur : (CD : It'll All Make Sense In The End, November 2021)



#32 counts intro

S1 : WALK FWD R/L, ANCHOR STEP, L FULL TURN BACK, COASTER CROSS

1-2 Step Rf forward – step Lf forward
3&4 Step RF behind Lf – step Lf in place – step back on Rf
5-6 Turn 1/2 left stepping Lf forward – turn 1/2 left stepping Rf back (12:00)
7&8 Step back on ball of Lf – close Rf next to Lf – cross Lf over Rf

S2 : DIAGONALLY STEP, LOCK, STEP LOCK STEP, PIVOT ½ TURN R, TRIPLE STEP FWD

1-2 facing 1:30, step Rf forward – lock Lf behind Rf (1:30)
3&4 Step Rf forward – lock Lf behind Rf – step Rf forward (1:30)
5-6 Step Lf forward – turn 1/2 pivot to right (7:30)
7&8 Step Lf forward – step Rf beside Rf – step Lf forward

S3 : SIDE, CLOSE, CROSS TRIPLE, SIDE ROCK, SWITCH, SIDE, TOUCH

1-2 Turn 1/8 left stepping Rf to right side – close Lf next to Rf (6:00)
3&4 Cross Rf over Lf – step Lf to side – cross Rf over Lf
5-6 Rock Lf to side – recover onto Rf
&7-8 Close Lf next to Rf – step Rf to side – touch Lf beside Rf

S4 : L ROLLING VINE WITH CHASSE L, JAZZBOX ¼ TURN R

1-2 Turn 1/4 left stepping Lf forward – turn 1/2 left stepping Rf back
3&4 Turn 1/4 left stepping Lf to side – step Rf beside Lf – step Lf to side
5-6-7-8 Cross Rf over Lf – turn 1/4 right stepping back on Lf – step Rf to side – step Lf forward (9:00)

S5 : CROSS, POINT, KICK BALL POINT, CROSS, POINT, CROSS TRIPLE

1-2 Cross Rf over Lf – point Lf to left side
3&4 Kick Lf forward – step ball of Lf beside Rf – point Rf to right side
5-6 Cross Rf over Lf – point Lf to side
7&8 Cross Lf over Rf – step Rf to side – cross Lf over Rf

S6 : SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK, BEHIND, ¼ TURN R, STEP FWD

1-2 Rock Rf to side – recover onto Lf
3&4 Step Rf behind Lf – step Lf to side – cross Rf over Lf
5-6 Rock Lf to side – recover onto Rf
7&8 Step Lf behind Rf – turn 1/4 right stepping Rf forward – step Lf forward (12:00)

**** Restart here, wall 2 (6:00) ****

S7 : ROCK FWD, COASTER STEP, PIVOT ½ TURN R, TRIPLE ½ TURN R

1-2 Rock Rf forward – recover onto Lf
3&4 Step back on ball of Rf – close Lf next to Rf – step Rf forward
5-6 Step Lf forward – turn 1/2 pivot to right (6:00)
7&8 Turn 1/4 right stepping Lf to side – step Rf beside Lf – turn 1/4 right stepping Lf back (12:00)

S8 : BACK, TOGETHER, R & L DIAG LOCK STEPS, PIVOT ½ TURN L

1-2 Step Rf back – close Lf next to Rf
3&4 Step Rf diagonally forward right – lock Lf behind Rf – step Rf diagonally forward right

5&6 Step Lf diagonally forward left – lock Rf behind Lf – step Lf diagonally forward left
7-8 Step Rf forward – turn 1/2 pivot to left (weight on Lf)

**« Croquez la vie à pleines danses ! » Magali Chabret - galicountry76@yahoo.fr - www.galichabret.com
Fiche originale de la chorégraphe. Merci de ne pas modifier ces pas de quelque manière que ce soit.**
