

# My Guy

**COPPER KNOB**  
BY STEPHEN WELLS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Georgie Mygrant (USA) - March 2022  
音乐: My Guy - Sister Sledge



**Intro: 32 counts - No Tag's (Whoopee)**

**Lindy R, Rocking Chair L, Lindy L, Rocking Chair R**

1-8            Step R side R/L/R, Rock back on L, step on R, Step L fwd. Rock back on R, Rock back on L,  
Return to R  
1-8            Step L side, L/R/L, Rock back on R, step on L, Step R fwd. Rock back on L, rock back on R,  
return to L

**Shuffle Fwd. R/L/R, L Fwd. Turn ½ to R, Shuffle L/R/L, turn ¼ L**

1-4            Step fwd. R/L/R, step fwd. on L turning ½ to R, step on R,  
5-8            Step fwd. L/R/L, step fwd. R turning ¼ L, step on L touch R

**Jazz Box Place, 2 Kick Ball Chains**

1-4            Step R over L, step back on L, step on R step on L,  
5-8            Kick R fwd. Step on R. step on L, repeat once more

**That's it! Nice and easy. But fun! [mygeo@adamswells.co](mailto:mygeo@adamswells.co)  
Please do not alter routine without my permission! Thank You**

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