

Alive, Free In God

COPPERKNOB
BYEFOHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Abadi Haria (INA) & Katarina Sherrina (INA) - March 2022
音乐: Alive - Hillsong Young & Free



No Tag & No Restart

S1. TOUCH HEEL FORWARD, TOGETHER, TOUCH TOE BACKWARD, TOGETHER (TWICE)

- 1-2 Touch RF heel forward, Close RF next to LF.
- 3-4 Touch LF toe backward, Close LF next to RF
- 5-6. REPEAT 1-2 -----
- 7-8. REPEAT 3-4 -----

S2. WALK FORWARD, KICK, WALK BACKWARD, TOUCH

- 1-2. Walk forward R/L
- 3-4. Kick RF forward, close RF next to LF
- 5-8. Walk backward L/R/L ,Touch RF beside LF

S3. 1/8L. ROCKING CHAIR (TWICE)

- 1-4. Turn 1/8L. Rock RF fwd, Recover on LF, Rock RF back, Recover on LF
- 5-8 REPEAT 1-4 -----

S4. K. STEP

- 1-2 Step RF diagonal R forward, Touch LF beside RF
- 3-4. Step LF diagonal L backward, Touch RF beside LF
- 5-6. Step RF diagonal R backward, Touch LF beside RF
- 7-8. Step LF diagonal L forward, Touch RF beside LF

ENJOY THE DANCE & HAVE FUN

Contact : abadiharia331@gmail.com & ksherrina@ymail.com
