

Please Please

拍数: 64 墙数: 2 级数: Beginner
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音乐: Please Please - Scooter Lee



TOE STRUTS FORWARD

1-4 Step right toe forward, drop right heel, step left toe forward, drop heel
5-8 Step right toe forward, drop right heel, step left toe forward, drop heel

CHARLESTON WITH HOLDS

1-4 Touch right forward, hold, step right next to left, hold
5-8 Touch left back, hold, step left next to right, hold

ROCK & CROSS, WITH HOLDS

1-4 Step right to right side, step on left, step right in front of left, hold
5-8 Step left to left side, step on right, step left in front of right, hold

ROCK RIGHT FORWARD, ROCK LEFT FORWARD TURNING 1/4 LEFT, WITH HOLDS

1-4 Step right forward, step on left, step right next to left, hold
5-8 Step left forward turning 1/4 left, step on right, step left next to right, hold

RUMBA BOX FORWARD WITH HOLDS

1-4 Step right to right side, step left next to right, step right forward, hold
5-8 Step left to left side, step right next to left, step left back, hold

TOE STRUTS BACK

1-4 Step right toe back, drop right heel, step left toe back, drop left heel
5-8 Step right toe back, drop right heel, step left toe back, drop left heel

MAMBO RIGHT, MAMBO LEFT, WITH HOLDS

1-4 Step right to right side, step on left, step right next to left, hold
5-8 Step left to left side, step on right, step left next to right, hold

ROCK RIGHT BACK, ROCK LEFT BACK TURNING 1/4 LEFT, WITH HOLDS

1-4 Step right back, step on left, step right next to left, hold
5-8 Step left back, step on right turn 1/4 left, step on left next to right, hold
