

Silver Linings

拍数: 64 墙数: 2 级数:
编舞者: Alison J. Austerberry (UK) - March 2022
音乐: Hold Me Close - David Essex



RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT SHUFFLE FOWARD. STEP HOLD

1-2 Step forward on R toe, place heel down
3-4 Step forward on L toe, place heel down
5&6 Step R forward. Bring L next to R. Step forward on R
7-8 Step forward on L, pivot half turn. Keep R in place

CROSS SHUFFLE RIGHT, ROCK RECOVER, JAZZ BOX. STEP HOLD

9&10 Cross L over R. Step R to R. Step L next to R
11-12 Rock R out to R side. Recover on L
13&14 Cross R over L. Step L to L side. Step R to R side
15-16 Step L. Hold

SIDE CHASSE, ROCK BACK, POINT STEP, POINT TURN

17&18 Step L to L side. Step R next to L. Step L to L side
19-20 Rock back on R. Recover on L
21-22 Point R to R side. Bring R in place
23-24 Point L to L side, turning ¼ turn. Bring L next to R

POINT TURN, POINT TURN, KICK BALL STEP, ROCK FORWARD RECOVER

25-26 Point R to R side turning ¼ turn. Bring R next to L
27-28 Point L to L side turning ¼ turn. Bring L next to R
29&30 Kkck R foot forward. Step on R. Step on L
31-32 R forward on R. Recover on L

RIGHT SHUFFLE BACK, ROCK BACK, ROCKING CHAIR

33&34 Step back on R. Step L next to R. Step back on R
35-36 Rock back on L. Recover on R
37-38 Rock forward on L. Recover on R
39-40 Rock back on L. Recover on R

WALK, WALK, ROCK RECOVER, JAZZ BOX TURN. ROCK BACK

41-42 Walk forward L. Walk forward R (optional raise left arm, raise right arm)
43&44 Rock L to L side. Recover on R (optional wave arms as in waving scarf)
45&46 Step R over L. Step L turning ¼ turn R. Step R next to L
47&48 Rock back on L. Recover on R

LEFT SHUFFLE FWD, STEP TURN, RIGHT SHUFFLE FWD, STEP TURN

49&50 Step F on L. Step R next to L. Step f on L
51-52 Step F on R pivot half turn L
53&54 Step F on R Step L next to R Step f on R
55-56 Step F on L pivot half turn R

LEFT SHUFFLE FORWARD AND 3 PADDLE TURNS

57&58 Step F on L. Step R next to L . Step R fwd
59-60 Step F on R . Pivot 1.2 turn left
61-62 Paddle turn left
63-64 Paddle left Paddle left

END OF DANCE

RESTARTS:-

WALL 3 - dance up to Count 28 (don't turn staying facing back wall)

WALL 5 - dance up to Count 44 (you will be facing the front)

TAG - As the music slows towards the end you will be facing the back wall when he sings "Don't let me go"

1-2 Sway out to the right, stretching right arm out

3-4 Sway out to the left, stretching left arm out
