

# Light Me Up

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: José Miguel Belloque Vane (NL) & Guillaume Richard (FR) - March 2022  
音乐: Flames - R3HAB, ZAYN & Jungleboi



Dance starts from the lyrics ( you better run from me )

Restart : At wall 3, dance the first 13 counts, and add these steps to restart the dance then

6-7-8      Step down on R (6), Make ¼ turn L stepping on L (7), Touch R next to L (8)

**[1 – 8] Out Out, Clap, Step Lock Step & Sweep, Cross, Side, Behind & Sweep, Weave**

&1-2      Step out R back (&), Step out L to L (1), Clap both hands above your head (2) 12:00

3&4      Step R fwd (3), Cross L behind R (&), Step R fwd and sweep L from back to front (4) 12:00

5&6      Cross L over R (5), Step R to R (&), Cross L behind R and sweep R from front to back (6)  
12:00

7&8      Cross R behind L (7), Step L to L (&), Cross R over L (8) 12:00

**[9 – 16] Step & Tap, Side, Behind, Side, ¼ turn Step, Step ½ turn, Step & Hitch, Step, Out Out In & Cross**

&1-2      Step L to L (&), Tap R toes behind L (1), Step R to R (2) 12:00

3&4&      Cross L behind R (3), Make ¼ turn R stepping R fwd, (&), Step L fwd (4), Make ½ turn R  
stepping on R (&) 3:00

5-6      Step L fwd and raise on L toes as you hitch R knee (5), Step R fwd (6) 9:00

7&8&      Step out L to L (7), Step out R to R (&), Step in L back to center (8), Cross R over L (&) 9:00

**[17 – 24] Lunge, ¼ turn, ½ Step Back, Coaster Step, Step, Step Lock Step**

1-2      Step L to L and bend L knee to go lower (1), Make ¼ turn R stepping on R fwd (2) 12:00

3-4&      Make ½ turn R stepping L back (3), Step R back (4), Step L next to R (&) 6:00

5-6      Step R fwd (5), Step L fwd (6) 6:00

7&8      Step R fwd (7), Cross L behind R (&), Step R fwd (8) 6:00

**[25 – 32] Mambo Fwd, Mambo Back, Step Touch x2, Step Back & Drag**

1&2      Step L fwd (1), Recover on R (&), Step L back (2) 6:00

3&4      Step R back (3), Recover on L (&), Step R fwd (4) 6:00

5&6&      Step L fwd onto L diagonal (5), Touch R next to L (&), Step R fwd onto R diagonal (6), Touch  
L next to R (6) 6:00

7-8      Step L back (7), Drag R next to L (8) 6:00

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Last Update - 30 Mar 2022