

Panah Asmara

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Phrased Beginner / Improver
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音乐: Reza - Y2Mate - Versi Arabian



INTRO : MAMBO

SEQUENCE : A-BB-TAG1-A-BB-TAG1-TAG2-A-BBBBBB+4c

PART A

S-1 : BEHIND ROCK - SIDE (R-L), CROSS ROCK - SIDE (R-L)

1&2 Cross RF behind LF - Recovered on LF - Step RF to side
3&4 Cross LF behind RF - Recovered on RF - Step LF to side
5&6 Cross RF over LF - Recovered on LF - Step RF to side
7&8 Cross LF over RF - Recovered on RF - Step LF to side

S-2 : FORWARD 3X - TOUCH SIDE - HIP BAMB, BACK 3X - TOUCH SIDE - HIP BAMB

1&2 Step RF forward - Step LF forward - Step RF forward
3&4 Step touch LF to side - Bump hip on L, Up and Down
5&6 Step LF back - Step RF back - Step LF back
7&8 Step touch RF to side - Bump hip on R, Up and Down

S-3 : CHASSE - ¼ TURN L COASTER STEP, SCISSOR STEP (R-L)

1&2 Step RF to side - Close LF beside RF - Step RF to side
3&4 ¼ Turn L Step LF back - Close RF beside LF - Step LF forward
5&6 Step RF to side - Close LF beside RF - Cross RF over LF -
7&8 Step LF to side - Close RF beside LF - Cross LF over RF

S-4 : PIVOT ¼ TURN L - CROSS SHUFFLE, SIDE ROCK - CROSS SHUFFLE

1 2 Step RF forward - ¼ Turn L In place on LF
3&4 Cross RF over LF - Step LF to side - Cross RF over LF
5 6 Step LF to side - Recovered on RF
7&8 Cross LF over RF - Step RF to side - Cross LF over RF

PART B

S-1 : KICK BALL (R/L) - CHASSE (TO R), KICK BALL (L/R) - CHASSE (TO L)

1&2& Kick RF forward - RF together and ball - Kick LF forward - LF together and ball
3&4 Step RF to side - Close LF beside RF - Step RF to side
5&6& Kick LF forward - LF together and ball - Kick RF forward - RF together and ball
7&8 Step LF to side - Close RF beside LF - Step LF to side

S-2 : DIAGONAL TO R : CHASSE - DIAGONAL TO L : CHASSE, BACK SHUFFLE - ¼ TURN L SAILOR STEP

1&2 Diagonal on R : Step RF to side - Close LF beside RF - Step RF to side
3&4 Diagonal on L : Step LF to side - Close RF beside LF - Step LF to side
5&6 Step RF back - Close LF beside RF - Step RF back
7&8 ¼ Turn L Cross LF behind RF - Step RF to side - in place on LF

TAG 1 : SWAY-SWAY

1 2 3 4 Bump hip to R - Bump hip to L - Bump hip to R - Bump hip to L

TAG 2 : CHASSE TO R - ¼ Turn L CHASSE TO L (4X)

1&2 Step RF to side - Close LF beside RF - Step RF to side
3&4 ¼ Turn L Step LF to side - Close RF beside LF - Step LF to side

5&6 Step RF to side - Close LF beside RF - Step RF to side
7&8 ¼ Turn L Step LF to side - Close RF beside LF - Step LF to side

1&2 Step RF to side - Close LF beside RF - Step RF to side
3&4 ¼ Turn L Step LF to side - Close RF beside LF - Step LF to side
5&6 Step RF to side - Close LF beside RF - Step RF to side
7&8 ¼ Turn L Step LF to side - Close RF beside LF - Step LF to side

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