

Jump

拍数: 32 墙数: 4 级数: Improver
编舞者: Christina Yang (KOR) & GraceQueen (KOR) - March 2022
音乐: Jump (For My Love) - The Pointer Sisters



Start the dance after 48 counts

SECTION 1: FORWARD. FORWARD KICK, COASTER STEP, FORWARD KICK, SIDE KICK, 1/4 TURN TO R WITH SAILOR STEP

1-2 Step RF forward, kick LF forward
3&4 Step LF backward, closed RF to LF, step LF forward
5-6 Kick RF forward, kick RF side
7&8 1/4 turn to R stepping RF backward, closed LF to RF, step RF forward

SECTION 2: (TOE, STRUT) X 2, FORWARD ROCK, 1/2 TURN TO L WITH RECOVER, FORWARD SHUFFLE

1-4 Point LF toe, strut LF, point RF toe, strut RF
5-6 Rock LF forward, 1/2 turn to L changing weight on RF
7&8 Step LF forward, closed RF to LF, step LF forward

SECTION 3: (DIAGONAL FORWARD, TOUCH) X 2. BACKWARD, 1/2 TURN TO L WITH FORWARD, 1/2 TURN TO L WITH BACKWARD. TOUCH

1-4 Step RF diagonal to R, touch LF toe next to RF, step LF diagonal to L, touch RF toe next to LF
5-8 Step RF backward, 1/2 turn to L stepping LF forward, 1/2 turn to L stepping RF backward, touch LF next to RF

SECTION 4: (DIAGONAL BACKWARD, TOUCH) X 2, FORWARD, SCUFF, 1/2 TURN TO L WITH PIVOT

1-4 Step LF diagonal backward to L, touch RF toe next to LF, step Rf diagonal backward to R, touch LF toe next to RF
5-8 Step LF forward, scuff RF, step RF forward. 1/2 turn to L changing weight on LF

RESTART: On the wall 6, you will dance to 16 counts and start again

CONTACTS -

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