

Light It Up

COPPER KNOB
BY STEPHEN HETS

拍数: 96 墙数: 2 级数: Phrased Advanced
编舞者: Ray Jones (WLS) & Matt Lewis (UK) - March 2022
音乐: Light It Up - Casey Barnes



Intro: 16 Counts, Start at approx 8 secs

Sequence: A, B, C, C (16 counts), A, B, C, C (16 counts), A, A (16 Counts), C, C

Part A: 32c

SEC 1 Kick Ball Step, Step, ½ Pivot, Step, ¼ Turn Swivel Heels, ¼ Turn Swivel Heels, ¼ Turn Side

1&2 Kick right forward, step right beside left, step left forward
3-4 Step right forward, pivot ½ left transferring weight onto left (6:00)
5-6 Step right forward, turn ¼ left twist both heels to right (3:00)
7-8 Turn ¼ right return both feet to centre transferring weight onto left, turn ¼ right step right to right (9:00)

SEC 2: ¼ Turn Weave, Dorothy Step, Dorothy Step, Step, ½ Pivot

1&2 Step left behind right, turn ¼ right step right forward, step left forward (12:00)
3-4& Step right to right diagonal, lock left behind right, step right to right diagonal
5-6& Step left to left diagonal, lock right behind left, step left to left diagonal
7-8 Step right forward, pivot ½ left transferring weight onto left (6:00)

Restart Here on 4th time Part A is danced, Continuing on to Part C

SEC 3 Step, Point, Back, Point, ¼ Jazz Box Cross

1-2 Step right forward, point left to left
3-4 Step left back, point right to right
5-6 Cross right over left, turn ¼ right step left back (9:00)
7-8 Step right to right, cross left over right

SEC 4: ¼ Turn Shuffle, ½ Turn Back Shuffle, Back Rock, Walk, Walk

1&2 Turn ¼ right step right forward, step left beside right, step right forward (12:00)
3&4 Turn ¼ right step left to left, step right beside left, turn ¼ right step left back (6:00)
5-6 Rock right back, recover weight onto left
7-8 Step right forward, step left forward

Part B: 32c

SEC 1 Lock Step, Out Out, Side, Hold, Hip Circle x2

1&2& Lock right behind left, step left forward, step right to right, step left to left (6:00)
3-4 Hold for 2 counts
5-6 Full hip circle clockwise
7-8 Full hip circle clockwise ending with weight on right

SEC 2: ½ Turn Weave Hitch, Hold, Back, Drag, Back, Drag

1&2& Step left behind right, turn ¼ right step right to right, turn ¼ right step left forward, hitch right (12:00)
3-4 Hold for 2 counts
5-6 Step right back dragging left heel towards right over 2 counts
7-8 Step left back dragging right heel towards left over 2 counts

SEC 3: ½ Turn Sailor Step, Side, Hold, Rock, ½ Turn Shuffle

1&2& Turn ¼ right step right behind left, turn ¼ right step left to left, step right to right, step left to left (6:00)
3-4 Hold for 2 counts

- 5-6 Rock right forward, recover weight onto left
7&8 Turn $\frac{1}{4}$ right step right to right, step left beside right, turn $\frac{1}{4}$ right step right forward (12:00)

SEC 4: $\frac{1}{2}$ Turn Shuffle, Back Rock, Full Turn, Walk, Walk

- 1&2 Turn $\frac{1}{4}$ right step left to left, step right beside left, turn $\frac{1}{4}$ right step left back (6:00)
3-4 Rock right back, recover weight onto left
5-6 Turn $\frac{1}{2}$ left step right back, turn $\frac{1}{2}$ left step left forward (6:00)
7-8 Step right forward, step left forward (6:00)

Part C: 32c

SEC 1 Step, Hop, Stomp, Stomp, Weave, Heel Jack

- 1-2 Step right forward, hitch left hopping on right
3-4 Stomp left to left diagonal, stomp left to left diagonal
5&6 Step left behind right, step right to right, cross left over right
&7&8 Step right back, touch left heel to left diagonal, step left forward, step right beside left

SEC 2 Heel Jack, Step, $\frac{1}{2}$ Pivot, Step, $\frac{1}{2}$ Turn Hitch, $\frac{1}{8}$ turn Sailor Step

- &1&2 Step left back, touch right heel to right diagonal, step right forward, step left beside right
3-4 Step right forward, pivot $\frac{1}{2}$ left transferring weight onto left (12:00)
5-6 Step right forward, turn $\frac{1}{2}$ left hitch left (6:00)
7&8 Step left behind right, step right to right, turn $\frac{1}{8}$ left step left to left (4:30)

Restart Here on 2nd & 4th times Part C is danced continuing onto Part A both times

SEC 3 Heel Switches, Kick Ball Step, Rock, $\frac{1}{8}$ Turn Extended Syncopated Vine

- 1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
3&4 Kick right forward, step right beside left, step left forward
5-6 Rock right forward, recover weight onto left
&7&8& Turn $\frac{1}{8}$ right step right to right, cross left over right, step right to right, step left behind right, step right to right (6:00)

SEC 4 Point & Heel & Touch & Point & Step Body Roll, Ball Step Body Roll Touch

- 1&2& Point left to left, step left beside right, touch right heel forward, step right beside left
3&4& Touch left forward, step left beside right, point right to right, step right beside left
5-6 Step left to left, body roll from head to toe
&7-8 Step right beside left, step left to left, body roll from head to toe touching right beside left
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