

# I Hate Trot, But These Days

**COPPER** **NOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Eun Mi Lim (KOR) - March 2022  
音乐: I Hate Trot (나는 트로트가 싫어요) - Im Chang-jung (임창정)



**Intro: #32counts (approx. 16secs)**

**Sec 1: Walk Forward (R-L), Forward Mambo, Back, Coaster step, 1/4Turn L**

1-2      Walk R forward, Walk L forward  
3&4      Rock R forward, Recover on L, Step R back  
5-6&      Step L back, Step R back, Step L beside R  
7-8      Step R forward, Pivot 1/4turn L weight onto L (9:00)

**Sec 2: Out, Out, Behind-Cross-Side (X2), Heel Swivel**

1-2      Step R diagonal forward to right side, Step L diagonal forward to left side  
&3-4      Step R behind L, Cross L over R, Step R to right side  
&5-6      Step L behind R, Cross R over L, Step L to left side  
7&8      R heel swivel (In-Out-In) \*Restart here on wall 10

**Sec 3: Charleston Step, Forward, Twist & 1/2Turn L**

1-2      Step R forward with L sweep from back to front, Touch L forward  
3-4      Step L back with R sweep from front to back, Touch R back  
5&6&      Step R forward, 1/4turn L both heels Swivel (Right-Left-right)  
7-8      1/4turn L both heels swivel (Left-Right) ends weight onto L (3:00)

**Sec 4: Forward, Pivot 1/2Turn L, Kick-Forward-Point, Back & Knee Up-Forward Ball Step (X2), Back, Scuff**

1-2      Step R forward, Pivot 1/2turn L weight onto L (9:00)  
3&4      Kick R forward, Step R slightly forward, Point L toe forward  
5&6&      Step L slightly back and R knee up, Ball step slightly forward (X2)  
7-8      Step L back, R scuff forward

**Restarts: During wall 9, restart the dance after count 16**

**Enjoy Dancing Always!**

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