

Sweet Little White LIES

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Val Saari (CAN) - March 2022
音乐: In The Morning - Jennifer Lopez



Begin on the word "Sweet" (following the 4 count pause) One EZ Tag

WALK FORWARD R,L,R, POINT L, LF STEP BACK, POINT R, MONTEREY TURN 1/4 R, POINT L

1-2 Walk forward, RF, LF
3-4 Walk forward RF, Point LF toes to the left side
5-6 LF step back, Point RF toes to right side
7-8 1/4 turn right step RF together (3:00), Point LF to L side

LF ROCK/RECOVER SAILOR STEP, STEP TURN L TWICE (1/4, 1/4)

1-2 Rock LF forward, Recover RF
3&4 Sailor Step LRL
5-6 Step RF forward, Turn 1/4 turn left (weight on left, optional hip circle)
7-8 Step RF forward, Turn 1/4 turn left (9:00 weight on left, optional hip circle)*

SWAY RL, CROSS SHUFFLE, SWAY LR, SYNCOPATED WEAVE R

1-2 Step RF to R side and sway hips R,L
3&4 Crossing chassé RLR
5-6 Step LF to L side and sway hips L,R
7&8 Step LF behind R, Step RF right, Step LF across R

RF ROCK/RECOVER, SHUFFLE RLR TURN 1/2 R, LF ROCK/RECOVER, SHUFFLE LRL TURN 1/2 L

1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR Turn 1/2 R
5-6 Rock LF forward, recover RF
7&8 Shuffle back LRL Turn 1/2 L (9:00)

***ONE EASY TAG & RESTART: 8 Counts, after 16 counts on Wall 3, facing 3:00**

RF ROCKING CHAIR, JAZZ BOX

1-2 Rock RF forward, Recover Left
3-4 Rock RF back, Recover Left
5-6 Cross RF over Left, Step Left back
7-8 Step RF to side, Step LF forward

Email: valeriesaari@icloud.com