

Last Resort

拍数: 32 墙数: 4 级数: Improver
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音乐: The Last Resort - Midland



Intro: 32 Counts. Start with Weight on L

***2 TAGS:** At the end of wall 1 (3:00) and 5 (12:00) there is a 4 count tag. See instructions below.

****2 RESTARTS:** Wall 4 after 12 counts and wall 8 after 28 counts (both facing 9:00).

*****ENDING:** Wall 12 is the last wall (starts facing 6:00). See instructions below.

S1 (1-8) STEP R SIDE, TOGETHER, R SIDE SHUFFLE, STEP L SIDE, TOGETHER, L SIDE SHUFFLE

1-2 Step R side (1), step L together (2)
3&4 R side shuffle (R-L-R) (3&4)
5-6 Step L side (5), step R together (6)
7&8 L side shuffle (L-R-L) (7&8)

S2 (9-16) ELVIS KNEES (R-L-R), HOLD, ROCK L FWD, RECOVER, TURN ¼ L AND SIDE SHUFFLE L

1-4 Elvis knees (R-L-R) (1-2-3), hold (4)
**** Restart #1 here during wall 4 (9:00)**
5-6 Rock L forward (5), recover to R (6)
7&8 Turn ¼ L and shuffle L side (L-R-L) (7&8) (9:00)

S3 (17-24) CROSS R, BACK, BACK, CROSS L, R SIDE, ¼ TURN AND STEP TOGETHER, RUN R-L-R

1-4 Cross R over (1), step L back (2), step R back (3), Cross L over (4)
5-6 Turn ¼ L and step R back (5) step L together (6) (6:00)
7&8 Run forward R-L-R (7&8)

S4 (25-32) ROCK L FWD, RECOVER, ¼ L SAILOR, R SIDE, TOUCH, L SCISSORS

1-2 Rock L forward (1), recover to R (2)
3&4 ¼ L turning sailor (3&4) (3:00)
**** Restart #2 here during wall 8 (9:00)**
5-6 Step R side (5), touch L together (6)
7&8 Step L side (7), Step R together (&), cross L over (8)

REPEAT

***2 TAGS:** At the end of wall 1 (facing 3:00) and wall 5 (facing 12:00) there is a 4 count tag

TAG: SIDE ROCK, RECOVER, BACK ROCK, RECOVER

1-4 Rock R side (1), recover to L (2), rock R back (3), recover to L (4)

****2 RESTARTS - Restart #1 is after 12 counts on wall 4 (facing 9:00). Restart #2 is after 28 counts on wall 8 (facing 9:00)**

*****ENDING:** Wall 12 is the last wall (starts facing 6:00). After the first 3 sections (facing 12:00) then do the last 3 counts:

FWD ROCK, RECOVER, CROSS

25-27 Rock L forward, recover to R, cross L behind.

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