

Rock & Roll

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Georgie Mygrant (USA) - March 2022
音乐: Old Time Rock & Roll - Bob Seger & The Silver Bullet Band



Intro: 16

Stomp R, Kick R Fwd. Repeat on L

1-2-3&4 Stomp Rf, Kick R fwd. Step on R/L/R
5-6-7&8 Stomp Lf, Kick L fwd. Step on L/R/L

Walk Fwd. R/L, Step Fwd. on R turning ½ Step on R, Step on Step on L,

1-4 Step fwd. R/L, Step on R turning ½ on R, step on L
5-8 Step fwd. on R/L, Step on R turning ¼ L

Tap Toe Fwd. Side, Step next To L, Repeat on L

1-2-3&4 Touch R Toe Fwd. Side, step R next to L, R/L/R
5-6-7&8 Touch L Toe fwd. Side, step L next to R, L/R/L

Box Back

1-4 Step R to R side, Step L to R, Step Back R, touch L to R
5-8 Step L to L side, Step R to L, Step L fwd. L, Touch R to L

That's it! A fun dance for beginners. A little peppy, but easy to do. Enjoy! If you have any problems, please contact me. mygeo@adamswells.com

Please do not change routine without permission. Thank you
