

Come on Down

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sarah Cleaver (UK) - March 2022
音乐: Come on Down - High Valley
或: This Town (feat. Ladysmith Black Mambazo) - Jeremy Loops



(16 count intro from main beat – on lyrics)

Alternative track – This Town, by Jeremy Loops and Ladysmith Black Mambazo (start on “walking”, about 20 seconds in. This is a wonderful track with an African feel.

Starting with weight on right

3-step weave, point; walk back, point

1, 2, 3, 4 Cross left over right, step right to side, cross left behind right, point right to side
5, 6, 7, 8 Walk back right, left, right, point left to side

Cross-points, cross, back, chasse left

1, 2 Cross left over right, point right to side
3, 4 Cross right over left, point left to side
5, 6 Cross left over right, step back on right
7 & 8 Step left to side, close right to left, step left to side (Chasse)

Paddle turns, Lindy step

1, 2 Step right in front, pivot ¼ turn left - Use hips for styling
3. 4 Step right in front, pivot ¼ turn left - Facing 6
5&6 Step right to side, close left to right, step right to side (Chasse)
7, 8 Rock back onto left foot, recover onto right foot

***Restart point on wall 3, facing 6**

Vine left, side-hold, and side-hold

1 - 4 Step left to side, cross right behind left, step left to side, hold
5,6,&7, 8 Step right to side, hold, step left to right (&), step right to side, hold - Styling, click fingers
 shoulder high on holds

In the country track, Come on Down, Wall 3, restart after 24 counts, moving from the rock-back to the weave (weight will already be on right).

No need to restart in the Jeremy Loops / Ladysmith Black Mambazo track.