

Birthday Shuffle

拍数: 68 墙数: 2 级数: Beginner
编舞者: Paula Steward (USA) - March 2022
音乐: Today Is Your Birthday - Solomon Burke



***Start on the word "Today" approximately 6 seconds into the song**

S1: SHUFFLE R SIDE, L ROCK RECOVER R, SHUFFLE L SIDE, R ROCK RECOVER L

1&2 Step R to R side, step left next to R, step R in place (triple step side)
3, 4 Step L behind R, recover weight R
5&6 Step L to L side, step R next to L, step L in place (triple step)
7, 8 Step R behind L, recover weight L

S2: 1-8 REPEAT THE FIRST 8 STEPS

S3: SHUFFLE FORWARD R, SHUFFLE FORWARD L, 1/2 TURN L SHUFFLING BACKWARD R, SHUFFLE BACK L

1&2 Step R forward, step L next to R, step R forward (triple forward)
3&4 Step L forward, step R next to L, step L forward (triple forward)
5&6 Turn 1/2 L stepping back on R, step L next to R, step L back (triple back)
7&8 Step back R, step L next to R, step R back

S4: TWO RIGHT KICK BALL CHANGES, VINE TO R

1&2 Kick R, ball change (step R, recover L)
3&4 Kick R, ball change (step R, recover L)
5,6, Step R to R side, step L behind R
7,8 Step R to R side, touch L beside R

S5: VINE L, TWO RIGHT KICK BALL CHANGES

1,2 Step L to L side, R behind L
3,4 Step L to L side, touch R beside L
5&6 Kick R, ball change
7&8 Kick R, ball change

S6: RIGHT 1/4 TURN RIGHT JAZZ SQUARE, TWO R KICK BALL CHANGES

1,2 Right across L, L steps 1/4 R
3,4 R beside L, weight returns to L
5&6 Kick R, ball change
7&8 Kick R, ball change

S7: 1-8 REPEAT ABOVE STEPS (5 set of 8 steps)

S8: 1-8 REPEAT ABOVE STEPS

S9: [1-4] RIGHT 1/4 TURN RIGHT JAZZ SQUARE

1,2 Right across L, L steps 1/4 R
3,4 R beside L, weight returns to L

This dance can be danced contra.

When the birthday people dance down the middle when their name is called, we start only doing the first 16 steps.

