

Traitor

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Phrased Intermediate
编舞者: Chandrani Eilena Emmiyan (INA) - March 2022
音乐: Masyha Juan - Traitor (Lirik Terjemahan) | X Factor Indonesia 2021 Audisi



Intro: 4 counts, start dancing on lyrics
Sequence: A - A24 - B - A - Ending

PART - A (32 counts)

S1: CROSS, FULL TURN, STEP TO SIDE WITH BODY SWAY (3 x), ¼ DIAMOND FALL AWAY, STEP, ½ STEP BACK

1-2 Cross R over L, Full turn (weight on L)
3&4 Step R to side and sway to right, Recover on L and sway to left, Recover to R and sway to right
5&6 1/8 Left step back on L, Step back on R [10:30], 1/8 Left step L to side [9:00],
7-8 Step forward on R, ½ Right stepping back on L bending L knee a little bit [3:00]

S2: STEP, 3 STEPS TURN WITH SWEEP, CROSS, STEP TO SIDE, DIAGONAL BACK, SQUARING BACK, TOGETHER, DIAGONAL LUNGE (2 x)

1-2&3 Step forward on R, Step forward on L, ½ Left step back on R [9:00], ½ Left step forward on L while sweeping R forward [3:00]
4&5 Cross R over L, Step L to side, Step R diagonal to back (body angling to 1.30)
6&7-8 Squaring and step back on L, Step R next to L, Lunge L diagonal to left [look at to 10:30], Switch your weight and Lunge on R [look at to 4:30]

S3: ½ STEP, FULL TURN, RUN (3 x), RECOVER, STEP BACK, ½ STEP FORWARD, RUN (3 x)

1-2 ½ Left Step forward on L [10:30], Cross R over L & full turn (weight on R)
3&4 Run L R L
5&6 Recover on R, Step back on L, ½ Right Step forward on R [4:30]
7&8 Run L R L

Entering Part B - at wall 2

S4: ¾ STEP WITH SWEEP, FULL TURN, RUN (3 x), RECOVER, STEP BACK, ½ STEP FORWARD, POINTING TO SIDE, TOUCH NEXT TO

1-2 ¾ Right Step forward on R while sweeping L forward [12:00], Cross L over R & full turn (weight on L)
3&4 Run R L R
5&6 Recover on L, Step back on R, ½ Left Step forward on L [6.00]
7-8 Pointing R to side, Touch R next to L with flexible knees (prepare to cross R and do the full turn, start dancing from the beginning).

PART - B (16 counts)

S1: HITCH, STEP DOWN, BACK, ¾ STEP, STEP, ½ STEP, STEP (2 x), ½ STEP, ¼ POINTING TO SIDE, TOUCH NEXT TO

1-3 Hitch R, Step down R, Step back on L [4:30]
4&5 ¾ Right and step R forward [3.00], Step L forward, ½ Right and step forward on R [9.00]
6&7 Step forward on L, Step R forward, ½ Left and step forward on R [9.00]
8-1 ¼ Left Pointing R to side, Touch R next to L [12.00]

S2: 1/8 STEP, ¼ STEP, ¼ STEP, ¼ STEP, STEP, LUNGE, RECOVER, ¼ STEP, ¼ STEP

2&3 1/8 Right and step forward on R [1.30], ¼ Right and step forward on L [4.30], ¼ Right and step forward on R [7.30]

- 4&5 ¼ Right and step forward on L [10.30], 1/8 Right and step forward on R [12.00], Lunge forward on L
- 6&7-8 Recover on R, ¼ Left and step L to side [9.00], ¼ Right and step forward on R [12.00], Step forward on L

ENDING (8 counts)

S1: CROSS, HALF TURN, HOLD, PRIZZY WALK (2x), STEP, BENDING DOWN

- 1-4 Cross R over L, Half turn (weight on L) look at left shoulder and hold (3 counts) [12:00]
- 5-6 Slightly cross R over L, Slightly cross L over R
- 7-8 Step forward on R, Bending knees down

Happy dancing

Dancing from the heart

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