

Learn From It

拍数: 32 墙数: 4 级数: Intermediate
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音乐: Learn From It - Conner Smith
或: Dangerous (feat. Joywave) - Big Data



Alt. Dangerous (feat. Joywave) by Big Data

Intro: 16 counts, using the "Learn From It" track, start dancing on the lyrics
Intro: 32 count, using the "Dangerous" track

LEFT SCISSOR, TAP, TAP, KICK, COASTER CROSS, RUMBA FORWARD

1&2 Step left foot to left side, step right foot next to left, cross step left foot over right
3&4 Tap right foot x 2, low kick right foot forward
5&6 Step right foot behind left foot, step left foot to left side, step right foot across left foot
7&8 Step left foot to left side, step right foot next to left, step forward on left foot
(When using "Learn From It" - Restart on wall 4 – change counts 7-8 stepping left to left side, step right next to left)

STEP, TAP, STEP, ¼ TURN COASTER, LEFT MAMBO FORWARD, RIGHT MAMBO BACK

1&2 Step forward on right foot, tap left foot next to right, step back on left foot
3&4 Step right foot behind left foot, pivot ¼ turn left stepping left foot to left side, step right foot forward
5&6 Rock forward on left foot, recover weight back on right foot, step left foot next to right
7&8 Rock back on right foot, recover weight back on left foot, step right foot next to left

STEP, ½ TURN, STEP, SLOW FULL TURN, STEP, ½ TURN, STEP, RUN X 3

1&2 Step forward on left foot, pivot ½ turn right, step forward on left foot
3-4 Pivot ½ turn left stepping back on right foot, pivot ½ turn left stepping forward on left foot
5&6 Step forward on right foot, pivot ½ turn left, step forward on right foot
7&8 Step forward on left foot, step forward on right, step forward on left foot

SYNCOPATED WEAVE RIGHT, CROSS, ROCK, RECOVER, CROSS, ROCK, RECOVER

1&2& Cross rock right over left foot, recover weight back on left foot, step right foot to right side, cross step left foot over right

(When using "Dangerous" - Restart on wall 8 – music slows down, keep the same rhythm and change counts 1&2& by cross rock right over left, recover weight back on left foot, step right foot to right side, touch left toe next to right foot)

3&4 Step right foot to right side, step left foot behind right, step right foot to right side
5&6 Cross rock left foot over right, recover weight back on right, step left foot to left side
7&8 Cross rock right foot over left, recover weight back on left foot, step right foot to right side