

Ex's & Oh's EZ

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Micki MacCumbee (USA) - March 2022
音乐: Ex's & Oh's - Elle King



Dance starts on lyrics; 16 count intro.

Restart: Wall 5 after 16 counts

RIGHT ROCKING CHAIR, JAZZ BOX WITH CROSS

1-2 Step R forward, recover on L
3-4 Step R backward, recover on L
5-6 Cross step R over L, step back on L
7-8 Step R to side, cross L over R

VINE R WITH 1/4 TURN R, VINE L WITH TOUCH

1-2 Step R to side, step L behind R
3-4 Turn 1/4 Step R, touch L next to R
5-6 Step L to side, step R behind L
7-8 Step L to side, touch R next to L (3:00)

FORWARD HEEL STRUTS

1-2 Right heel forward, bring right toes down (right foot should be flat)
3-4 Left heel forward, bring left toes down (left foot should be flat)
5-6 Right heel forward, bring right toes down (right foot should be flat)
7-8 Left heel forward, bring left toes down (left foot should be flat)

TOE HEEL BACKING UP

1-2 Right toe (ball of foot) back, step down on right heel (foot should be flat)
3-4 Left toe (ball of foot) back, step down on left heel (foot should be flat)
5-6 Right toe (ball of foot) back, step down on right heel (foot should be flat)
7-8 Left toe (ball of foot) back, step down on left heel (foot should be flat)

Dance progresses clockwise 1/4 turn right.

Dance the Classics! Contact: maccumbee313@gmail.com