

Good Beer

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Les French Cowgirls (FR), Séverine Fillion (FR), Valérie DEL CAMPO (FR) &
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音乐: Good Beer - Seaforth & Jordan Davis



Intro : 16 counts

[1-8] WALK R AND L FORWARD, R HEEL BALL STEP, R STEP FORWARD, SPIRAL TURN TO THE L, L MAMBO STEP

1-2 Walk fwd on right, walk fwd on left
3&4 Touch right heel fwd, right next to left, left step fwd
5-6 Right step fwd, unwind full turn left on right foot (ending with a Touch left toe cross over right)
7&8 Rock fwd on left, recover on right, left step back

[9-16] SWEEP BACK R & L, SAILOR ¼ TURN R, 1/8 TURN R : STEP FORWARD & CROSS BACK, 1/8 TURN L : RECOVER & R STEP FORWARD, L STEP FORWARD, ½ TURN R

1-2 Sweep the right toe from front to back (ending right step behind), Sweep the left toe back (ending left behind)
3&4 Right cross behind left, 1/4 turn right stepping left next to right, right fwd 3.00
&5 1/8 turn right : left fwd, right cross just behind left (« lock ») 4.30
&6 (recover facing 3.00) left step slightly fwd, right fwd 3.00
7-8 Left step fwd, Turn 1/2 right (ending weight on right) 9.00

Restart here.....with a Touch right next to left after half turn (keep weight on left)

[17-24] FULL TURN R, VAUDEVILLE, TOGETHER, KICK OUT OUT, TOGETHER, CROSS, UNWIND 1/2 TURN WITH SWEEP

1-2 1/2 turn right stepping left back, 1/2 turn right stepping right fwd 9.00
3&4& Left cross over right, right to right slightly back, Touch left heel fwd, recover on left next to right
5&6 Kick right fwd, right step to right side, left to left
&7 Right step in center, left cross over right
8 Unwind 1/2 turn right with a sweep right from front to back 3.00

[25-32] SAILOR STEP, MAMBO CROSS L & R, TOE HEEL STEP

1&2 Right cross behind left, left to left, right to right
3&4 Cross Rock left over right, recover on right, left next to right
5&6 Cross Rock right over left, recover on left, right next to left
7&8 Touch left toe next to right (Knee « IN »), Touch left heel fwd, left step fwd

RESTART : On wall 3 at 3:00, after 16 counts

HAVE FUN & ENJOY!!!