

Lean On Me

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner

编舞者: SoonYoung-Bae (KOR) - March 2022

音乐: Lean On Me (In Aid Of NHS Charities Together) - UB40 featuring Ali Campbell & Astro



* Intro : start on vocal

* No Tag / No Restart

S1[1-8] SIDE-TOUCH AND CLAP OVER HEAD(R-L), FWD SHUFFLE, BACK SHUFFLE(12:00)

1 2 step RF side, side touch LF beside RF and clap over head
3 4 step LF side, side touch RF beside LF and clap over head
5&6 step RF forward, ball step LF beside RF, step RF forward
7&8 step LF back, ball step RF beside LF, step LF back

S2[9-16] SIDE, TOGETHER, CHASSE R, 1/4 L SIDE, TOGETHER, CHASSE L(9:00)

1 2 step RF side, step LF beside RF
3&4 step RF side, ball step LF beside RF, step RF side
5 6 1/4 L LF side(9:00), step RF beside RF
7&8 step LF side, ball step RF beside LF, step LF side

S3[17-24] WALK FWD R-L, MAMBO BACK, WALK BACK L-R, BACK MAMBO FWD(9:00)

1 2 walk RF forward, walk LF forward
3&4 rock RF forward, step LF in place, step RF back
5 6 walk LF back, walk RF back
7&8 rock LF back, step RF in place, step LF forward

S4[25-32] FWD ROCK, RECOVER, COASTER, FWD ROCK, RECOVER, 1/2 L SAILOR(3:00)

1 2 rock RF forward, step LF in place
3&4 step RF back, ball step LF beside RF, step RF forward
5 6 rock LF forward, step RF in place
7&8 1/2 L LF behind RF(3:00), ball step RF beside LF, step LF side

Dance Is The Best Play! Have Fun!

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