

I Can't Pretend

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Dee Musk (UK) - March 2022
音乐: I Hate This - Tenille Arts : (Album; Love, Heartbreak & Everything in Between)



#32 count Intro – Start just after main vocals on the word 'Here'.
Approx. 12 Seconds. BPM 160.

Cross Rock, Side Rock, Behind, Hold, Side Rock.

1-4 Cross rock R over L, recover weight to L, rock R to R side, recover weight to L.
5-8 Cross step R behind L, hold count 6, rock L to L, recover weight to R. 12 o'clock.

Cross, Rock, Side, Rock, Behind, Hold, Side, Rock.

1-4 Cross rock L over R, recover weight to R, rock L to L side, recover weight to R.
5-8 Cross Step L behind R, hold count 6, rock R to R, recover weight to L. 12 o'clock.

****R**** During wall 3, begin again facing 12 o'clock.

Behind, Side, Cross, Sweep, Cross, Side, Behind, Sweep.

1-4 Cross step R behind L, step L to L side, cross R over L, sweep L in front of R.
5-8 Cross step L over R, step R to R side, cross step L behind R, sweep R behind L.
12 o'clock.

¼ Sailor Turn, Cross, Scissor, Cross.

1-4 Cross step R behind L, make ¼ turn R stepping back on L, cross R over L, hold 4
5-8 Step L to L side, step R beside L, cross L over R, hold count 8. 3 o'clock.

Rumba Box Back, Hold, Rumba Box Forward, Hold.

1-4 Step R to R side, close L beside R, step back on R, hold count 4.
5-8 Step L to L side, close R beside L, step forward on L, hold count 8. 3 o'clock.

Step, Hold, ½ Turn L, Hold, Step, Hold, ¼ Turn L, Hold.

1-4 Step forward on R, hold count 2, make ½ turn L, hold count 4.
5-8 Step forward on R, hold count 6, make ¼ turn L, hold count 8. 6 o'clock.

Cross, Rock, Side, Hold, Cross, Rock, Side, Hold.

1-4 Cross rock R over L, recover weight to L, step R to R side, hold count 4.
5-8 Cross rock L over R, recover weight to R, step L to L side, hold count 8. 6 o'clock.

Mambo ½ Turn Right, Hold, Step ½ Turn Right, Step, Hold.

1-4 Rock forward on R, recover weight to L, make ½ turn Right, hold count 4.
5-8 Step forward L, make ½ turn R, step forward on L, hold count 8. 6 o'clock.

Non Turning Alternative; Forward Mambo, Hold, Coaster Step, Hold.

****Restart**** during wall 3 facing 12 o'clock. Dance up to and including
count 8 of Section 2.

Enjoy : deedemusk@gmail.com