

Wild Hearts

拍数: 32 墙数: 4 级数: Easy Improver
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音乐: Wild Hearts - The Shires



Intro : 32 Counts. Start on the Word « BAD » (This is a BAD idea)

Restart : After 16 Counts at 2nd Wall (racing 6:00) & 5th Wall (facing 3:00)

Dance : 32-16R-32-16R-32 until the end

S1: SIDE, TOUCH, KICK BALL CROSS, SIDE ROCK, BEHIND, HITCH

1-2 RF to the R, Touch L next to RF
3&4 Kick L fwd to L Diagonal, Step down on ball of L, Cross Step R over L.
5-6 LF to the L, Recover on RF
7-8 Cross LF behind RF, Hitch D

S2: BEHIND, SIDE, CROSS SHUFFLE, STEP ¼ TURN L, BACK ON ½ TURN L, TOGETHER, HEEL SPLIT

1-2 Cross RF behind LF, LF to the L (Weight on LF)
3&4 Cross RF Over LF, LF to the L, Cross RF over LF
5-6 LF Fwd on ¼ Turn L (9 :00), RF Back on ½ Turn L (3:00)
7&8 Together, Split Both Heels Out, Return Both Heel Back To Centre (Weight on LF)

HERE RESTARTS 2nd Wall (facing 6:00) et 5th Wall (facing 3:00)

S3: SIDE, TOGETHER WITH ¼ TURN L, STEP FWD, HITCH, SYNCOPATED WEAVE

1-2 RF to the R, Together (LF Next to RF) with pivot on RF 1/4 Turn L (Weight on LF). 12:00
3-4 RF Fwd, Hitch L
5-6 Cross LF over RF, RF to the R
7&8 Cross LF behind RF, RF to the R, Cross LF over RF

S4: DIAGONALLY ROCK STEP, DIAGONALLY WALK BACK , BACK 1/8 TURN R, CROSS, SWEEP, ROCK STEP

1-2 RF Fwd Diagonally R (1:30), Recover on LF
3-4 RF Back, , LF Back (1:30)
& RF Back on 1/8 Turn R (3:00)
5-6 Cross LF over RF , Sweep RF Back To Front
7-8 RF Fwd, Recover on LF

ENJOY !!!

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