

When I Say Jump

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: James A. Colclasure Jr. (USA) - March 2022
音乐: Jump (feat. Nelly Furtado) - Flo Rida



#32 count intro - Phrased A,B,B, A, A,B,B, A,B,B, 1/2B (Restart), A, A,B,B

Part A: 32c

(1-8) Step, together, jump, step, together, jump, jump, press

1-2- Step Right foot forward/right, place left foot next to right foot
&3- Jump up landing on count 3
4-5- Step Left foot forward/left, place right foot next to left foot
&6&7- Jump up landing on count 6, jump up landing on count 7
8- Step Left foot to left side pushing into floor

(9-16) Slide, switch, heel and heel and cross behind 3/4 unwind, side, recover

1-2- Slide to right side on right foot, switch weight to left foot
3&4&- Right heel forward, step right foot next to left, left heel forward, step left foot next to right
5-6- Cross right foot behind left foot, unwind 3/4 turn rotating over right shoulder weight ending on
Right foot(9:00)
7-8- Step Left foot out to left side, step left foot next to right foot, weight on left foot

(17-24) Point, kick ball point, kick ball point, back, coaster 1/4 turn

1-2&- Point Right toe to right side, kick right foot forward, step right foot next to left
3-4&- Point Left toe to left side, kick left foot forward, step left foot next to right
5-6- Point Right toe to right side, step back on right foot
7&8 1/4 turn to right as you Step back on left foot, step right foot next to left switching weight, step
forward on left foot (12:00)

(25-32) Scuff, step, hip bump, hip bump, jump x4

1-2- Scuff right foot past left stepping forward on right with hip rotated to left
3-4- Bump right hip forward, bump right hip forward
5-8- Jump landing on count 5, jump landing on count 6, jump landing on count 7, jump landing on
count 8

Part B: 32c

(1-8) Step, Lock, Coaster Step, Step, 1/4 side, Sailor 1/4 turn

1-2- Step Right foot forward, lock left foot behind right foot without setting weight
3&4- Step left foot back, step right foot next to left, step left foot forward
5-6- Step right foot fwd, 1/4 turn to right stepping left foot to left side (3:00)
7&8- Cross right foot behind left, 1/4 turn right stepping left foot back, step right foot forward (6:00)

(9-16) Sailor walk, sailor walk, rock, step, 1/2 turn triple turn

1-2&- Step left foot forward left, cross right foot behind left, step left foot next to right
3-4&- Step right foot forward right, cross left foot behind right, step right foot next to left
5-6- Rock forward on left foot, recover back on to right foot
7&8 1/4 turn left stepping left to side (9:00), step right foot next to left, 1/4 turn left stepping left foot
forward (12:00)

(17-24) Step/sweep, cross, side, side, scuff, step, lock, step, step

1-2- Step right foot forward sweeping left foot around left side to front
3&4- Cross left foot in front of right, step right foot next to left, step left foot to left
5-6- Scuff right foot forward, step forward on right foot

7&8- Lock left foot behind right, step right foot forward, step left foot forward

(25-32) Bump, step, hip bump, hip bump, back, 1/4 turn, 1/4 turn, touch

1-2- Touch right foot forward bumping hips forward, step weight onto right foot

3-4- Bump hips back, bump hips forward

5-6- Step back with left foot, cross right foot behind left turning 1/4 turn to left (9:00)

7-8 1/4 turn left stepping forward on left foot (6:00), touch right foot next to left

(Restart)

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