

Rock Me Amadeus (摇滚我艾玛迪斯)

(zh)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Maria Nix (DE) - 2022年03月
音乐: Rock me Amadeus (Duet with Falco) - LaFee



注意：舞蹈在大约 40 拍或 25 秒后开始播放歌曲。

Note: The dance begins with the entry of the song after about 40 beats or 25 sec.

S1 : 大惊小怪 : 点接触点, 侧十字后, 链接 : 点接触点, 侧十字后

S1: 法权: Point touch point, behind side cross, L:Point touch point, behind side cross

1&2 大惊小怪 轻拍到一边, 再轻拍到一边
3&4 大惊小怪 交叉在左侧, 链接大惊小怪 横向, 大惊小怪 交叉在左侧
5&6 LF 侧向敲击, 向后敲击, 再次侧向敲击
7&8 在左后方交叉链接大惊小怪, 大惊小怪 到侧面, 在左侧交叉 LF
1&2 RF tap to the side, tap back and tap to the side again
3&4 RF cross behind left, LF sideways, RF cross over left
5&6 LF tap sideways, tap back, and tap sideways again
7&8 Cross LF behind left, RF to side, cross LF over left

S2 : 法权 : 向前走 x 2, 脚跟弹跳 2x链接 : 后退 2x, 过山车交叉

S2: R: Walks forward x 2, heel bounce 2x L: back 2x, coaster cross

1-4 大惊小怪 向前迈步, 链接大惊小怪 向前迈步, 两个球弹跳 2 次
5-8 左脚向后转一圈, 左脚后退 右脚踩在左脚上, 左脚越过右脚
1-4 RF step forward, LF step forward, bouncing 2 times on both balls
5-8 Swing left foot back in a circle and step back on left Step right foot onto left foot and cross left foot over right

S3 : 法权 : 长边触球, 水手 1/2 转, 跨步, (6:00) 法权 : 踢球交叉, 脚跟弹跳 x2 1/2 转 (12:00)

S3: R: long side touch, sailor 1/2 turn, step, (6:00) R: kick ball cross, heel bounce x2 1/2 turn (12:00)

1-4 大惊小怪 长步侧身, 轻敲链接大惊小怪, 半转至 6:00 轻敲大惊小怪
5-8 大惊小怪 向前踢链接大惊小怪 越过大惊小怪, 在 12:00 两球上下摆动 2 次半转
1-4 RF long step sideways, tap LF, half turn to 6:00 tap RF
5-8 RF kicks forward LF crosses over RF, bobbing on both balls 2 times half turn at 12:00

S4 : 法权 : 后侧交叉, 脚跟弹跳 2x (6:00) 向外, 向内, 脚跟分开 2x

S4: R: behind side cross, heel bounce 2x (6:00) out out, in in, heel split 2x

1&2 大惊小怪 在链接大惊小怪 后面交叉, 链接大惊小怪 向右走, 大惊小怪 在链接大惊小怪 前面交叉,
3&4 1/2 转球 6:00 转球
5&6 大惊小怪 斜前方, LF链接大惊小怪 斜前方, 大惊小怪 后方, 链接大惊小怪 旁边
7&8& 重量在你的两个脚掌上——同时向外和向后旋转两个脚后跟
1&2 RF crosses behind LF, LF step right, RF crosses in front of LF,
3&4 1/2 turn on balls bouncing Turn at 6:00
5&6 RF diagonally forward, LF diagonally forward, RF back, LF next to it
7&8& Weight is on both balls of your feet - rotate both heels out and back at the same time

舞会又开始了

The dance starts again

