

Back To It

拍数: 32 墙数: 2 级数: Improver
编舞者: Dustin Betts (USA) - February 2022
音乐: Back to It - FLOYD WONDER



Intro – 32 counts from beginning of song

[1 – 8] R STEP, L HITCH, ¼ POINT R, ¼, ¼, BEHIND-SIDE-CROSS

1 2 Step R fwd (1), Hitch L knee fwd (2), 12.00
3 4 Make ¼ turn left stepping L to L (3), Point R to right side (4) 9.00
5 6 Make ¼ turn right stepping fwd (5), Make ¼ turn right stepping L to L side (6), 3.00
7 & 8 Cross R behind L (7), Step L to L side (&), Cross R over L (8). 3.00

[9 – 16] HEEL GRIND ¼ TURN, L COASTER STEP, R FWD, PIVOT ½, ¼ SHUFFLE R

1 2 Dig L heel to L side making ¼ turn left (1), Step R back (2), 12.00
3 & 4 Step L back (3), Step R next to L (&), Step L fwd (4), 12.00
5 6 Step R fwd (5), Pivot ½ left taking weight fwd onto L (6), 6.00
7 & 8 Make ¼ turn left stepping R to R side (7), Bring L next to R (&) Step R to R side (8), 3.00

[17 – 24] CROSS BEHIND, R POINT, CROSS, L POINT, CROSS, SIDE, ¼ SAILOR STEP

1 2 Cross L behind R (1), Point R toe to R side (2), 3.00
3 4 Cross R over L (3), Point L to L side (4), 3.00
5 6 Cross L over R (5), Step R to R side (6), 3.00
7 & 8 Cross L behind R (7), Step R slightly back making ¼ turn L (&), Step L fwd (8). 12.00

[25 – 32] R FWD, KICK L, BACK TOUCH, ½, V STEP (R-L-R-L)

1 2 Step R fwd (1), Kick L fwd (2), 12.00
3 4 Touch L to back (3), Make ½ turn left taking weight onto L (4), 6.00
5 6 Step R to fwd diagonal (5), Step L to L side (6), 6.00
7 8 Step R back (7), Step L next to R (8). 6.00

Enjoy!
