

Sara

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Rika Djamhari (INA) - March 2022
音乐: Sara - Neri per Caso



Intro: 32 + 32 Counts - * No tag, 3x Restarts

Intro/ Opening dance: 32 Counts (Optional)

i1. WALK FORWARD 3 STEPS - TOUCH - WALK BACK 3 STEPS - TOUCH

1-4. Walk Forward right, left, right, touch L beside R
5-8. Walk back left, right, left, touch R beside L

i2. VINE RIGHT - TOUCH - ROLLING VINE TO LEFT - TOUCH

1-4. Step R to side, cross L behind R, step R to side, touch L beside R
5-8. 1/4 turn to left and step L forward, 1/2 turn to left and step R back, 1/4 turn to left and step L to side, touch R beside L

i3. SIDE - TOUCH - SIDE - TOUCH (2X)

1-4. Step R to side, touch L beside R, step L to side, touch R beside L
5-8. Step R to side, touch L beside R, step L to side, touch R beside L

i4. WALK FORWARD 3 STEPS - TOUCH - WALK BACK 3 STEPS - TOUCH

1-4. Walk forward right, left, right, touch L beside R
5-8 Walk back left, right, left, touch R beside L

MAIN DANCE

S1. V STEP - PONY BACK R/L

1-2. Step R slightly diagonal forward R, step L slightly diagonal forward L
3-4. Step R back to center, close L next to R
5&6. Step R back with popping L knee, step L in place, step R back with popping L knee
7&8. Step L back with popping R knee, step R in place, step L back with popping R knee

S2. BACK ROCK - FORWARD SHUFFLE - FORWARD - 1/4 PIVOT - CROSS SHUFFLE

1-2. Rock R back, recover on L
3&4. Step R forward, Step L together , step R forward
5-6. Step L forward, 1/4 turn to right and step R in place
7&8. Cross L over R, step R to side, cross L over R (03:00)

*** Restart here on wall 2**

S3. RUMBA BOX RIGHT BACK (SHUFFLE) - RUMBA BOX LEFT FORWARD (SHUFFLE)

1-2. Step R to side, close L together
3&4. Step R back, step L together, step R back
5-6. Step L to side, close R together
7&8. Step L forward, step R together, step L forward

*** Restart here on wall 9 and wall 12**

S4. FORWARD - 1/2 PIVOT - FORWARD - 1/4 PIVOT - TURN JAZZ BOX

1-2. Step R forward, 1/2 turn to left and step L in place (9:00)
3-4. Step R forward, 1/4 turn to left and step L in place (6:00)
5-6. Cross R over L, 1/4 turn to right and step L back (9:00)
7-8. Step R to side, step L forward

Start Again

*- Restart on wall 2 after 16 counts (facing 12:00)

*- Restart on wall 9 after 24 counts (facing 9:00)

*- Restart on wall 12 after 24 counts (facing 6)

** Ending on wall 15 after 5& count then touch R beside L (optional)

Enjoy the dance!

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