

Milkshake

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Fonna Queentarina (INA) - March 2022
音乐: Milkshake - Kelis



No Tag No Restart

S1 WALK R, L, SHUFFLE FWD, ROCK FWD, ¼ TURN L SAILOR STEP

1 – 2 Walk Fwd R – L
3 & 4 Step R Fwd, Step L next to Right & Step R Fwd
5 – 6 Rock LF Fwd, Recover on R
7 & 8 ¼ Turn L, Step L Behind R Step R beside L & Step L to L side

S2 SAMBA WISK, FULL TURN L W/POINT TURN (X4)

1 a 2 Step R to side, Cross L Behind R, Step R in place
3 a 4 Step L to side, Cross R Behind L, Step L in place
5&6&7&8 ¼ L Touch R toe to R, Step L in Place, ¼ L Touch R toe to R, Step L in Place, ¼ L Touch R toe to R, Step L in Place, ¼ L Touch R toe to R

S3 TURN ¼ R SAILOR STEP, TURN ¼ L SAILOR STEP

1 – 2 Step RF Cross Over LF, Step LF Side to L
3 & 4 ¼ R turn R Step RF Behind Cross LF, Step LF Side to L, Step RF Side to R
5 - 6 Step LF Cross Over RF, Step RF Side to R
7 & 8 ¼ L Turn L Step LF Behind Cross RF, Step RF Side to R, Step LF Side to L

S4 SLIDE DRAG, HEEL SWITCHES- FORWARD TOUCH

1 – 2 Step R to side, L Slightly to R
3 – 4 Step L to side, R Slightly to L
5 & 6 R heel Touch Forward, Step R beside L, L heel Touch Forward, Step L beside R
7 & 8 L Heel Touch Forward, Step L beside R, R heel Touch Forward, Step R beside L

KEEP HEALTHY & ENJOY THE DANCE.

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