

Stretched

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Stretchy Pants - Carrie Underwood



#16 Count Intro – Start on Vocals. February 2022

Step Right, Hold, Together, Rock Right, Behind Side Cross, Rock Left, 1/4 Left, Back on Right,

1 - 2 Step Right To Right Side, Hold.
&34 Step Left Next To Right, Rock Right To Right Side, Replace weight on Left.
5&6 Step Right Behind, Step Left to Left Side, Cross Right Across Left.
7 - 8 Rock Left To Left Side, Turning 1/4 Left Step Back On Right. (Facing 9 o'clock)

Step back Drag, Step back Drag, Left Coaster Step, Step forward, 1/4 Pivot Left.

1 - 2 Step Back On Left Dragging Right Back Towards Left.
3 - 4 Step Back On Right, Dragging Left Back Towards Right.
5&6 Step Back Left, Step Right Next To Left, Step Left Forward, (Coaster Step)
7 - 8 Step Forward Right Turning 1/4 Left, Step On Left. (Facing 6 o'clock)

Restart here on Walls 4 and 8

Cross Shuffle, 1/2 Turn Left, Cross Shuffle, 1/2 Turn Right, Cross Shuffle, Left Side Rock.

1&2 Cross Shuffle Right, Left, Right, Travelling To The Left.
3&4 1/2 Turn Left, Cross Shuffle, Left, Right, Left, Travelling To The Right. (Facing 12 o'clock)
5&6 1/2 Turn Right, Cross Shuffle, Right, Left, Right, Travelling To The Left. (Facing 6 o'clock)
7 - 8 Rock Left To Left Side, Replace weight on Right.

Behind, Side, Cross, Right Rocking Chair, Step Forward, 1/4 Pivot Left,

1&2 Step Left Behind Right, Step Right to Right Side, Cross Left across Right.
3 - 4 Rock forward On Right, Replace weight Back On Left.
5 - 6 Rock Back On Right, Replace weight Forward On Left.
7 - 8 Step Forward On Right, Pivot 1/4 Turn Left. (Weight On Left.) (Facing 3 o'clock)

Start Again

****2 Restarts after 16 counts on walls 4 and 8**

Wall 4 starts @ 9 o'clock. Restart after 16 counts facing 3 o'clock.

Wall 8 starts @ 12 o'clock. Restart after 16 counts facing 6 o'clock.

Ending: At the end of Wall 12, you will be facing 6 o'clock. Cross Right over Left. Unwind 1/2 turn Left.

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