

EZ Try Me

拍数: 40 墙数: 4 级数: High Beginner
编舞者: Shirley Blankenship (USA) & K. Sholes (USA) - February 2022
音乐: Try Me - James Brown



Section #1: Sway, Sway, Cha Cha Cha X2

1 2 3&4 Sway RL, Step R to side, Step L next to R, Step R to side,
5 6 7&8 Sway LR, Step L to side, Step R next to L, Step L to side.

Section #2: 1/4 Pivot, Shuffle X2

1 2 3&4 Step R forward, Pivot 1/4 left, Step R forward, Step L next to R, Step R forward,
5 6 7&8 Step L forward, Pivot 1/4 right, Step L forward, Step R next to L, Step L forward.

Section #3: Step, Lock, Cha Cha Cha X2

1 2 3&4 Step R forward, Lock L behind R, Step R forward, Step L next to R, Step R forward,
5 6 7&8 Step L forward, Lock R behind L, Step L forward, Step R next to L, Step L forward.

Section #4: Cross, Step, Step X4

1&2 3&4 Cross R over L, Step L back, Step R back, Cross L over R, Step Step R back, Step L back,
5&6 7&8 Cross R over L, Step L back, Step R back, Cross L over R, Step R back, Step L back.

Section #5: Point, Cross X3 Bounce X2 (1/4 turn)

1-4 Point R to side, Cross R over L, Point L to side, Cross L over R,
5-8 **Point R to side, Cross R over L, Bounce heels twice turning 1/8 each time. (turning to the left)

**An option for the bounce...Point R to side, Touch R over L, Step R 1/8 to left, Step L 1/8 to left. (Weight is on L)

Begin Again! It's All About Fun!
