

(She's My) Pride and Joy

COPPER KNOB
BY SHEETS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Dag Alexander Wien (NOR) - February 2022
音乐: Pride and Joy (feat. Marc Broussard) - Joe Diffie : (CD: Pride and Joy)



Intro: 16 counts - NO Tags, NO Restarts

S1 - (Step diagonal fwd, Touch) x4 *

1-2 Step RF R diag fwd, touch LF beside RF
3-4 Step LF L diag fwd, touch RF beside LF
5-6 Step RF R diag fwd, touch LF beside RF
7-8 Step LF L diag fwd, touch RF beside LF

S2 - Rolling vine R, Shuffle left, Rock back, Recover

1-4 Turn 1/4R & step RF fwd, turn 1/2R & step LF back, turn 1/4R & step RF to R, touch LF beside RF (easy option: do a normal grapevine to the right) 12:00
5&6 Step LF to L, step RF together, step LF to L
7-8 Make a small step w/ RF behind LF, change weight to LF

S3 - Grapevine R w/ 1/4R turn, Shuffle left, Rock back, Recover

1-4 Step RF to R, cross LF behind RF, turn 1/4R & step RF fwd, touch LF beside RF 03:00
5&6 Step LF to L, step RF together, step LF to L
7-8 Make a small step w/ RF behind LF, change weight to LF

S4 - Syncopated Rock fwd, Rock fwd, Shuffle back, Rock back, Recover

1-2& Step RF fwd (1), change weight to LF (2), step RF together (&)
3-4 Step LF fwd, change weight to RF
5&6 Step LF back, step RF together, step LF back
7-8 Step RF back, change weight to LF

S5 - Shuffle 1/2L turn fwd, Rock back, Recover, Rocking chair

1&2 Turn 1/4L & step RF to R, step LF together, turn 1/4L & step RF back 09:00
3-4 Step LF back, change weight to RF
5-8 Step LF fwd, change weight to RF, Step LF back, change weight to RF

S6 - Shuffle 1/2R turn fwd, Rock back, Recover, Rocking chair

1&2 Turn 1/4R & step LF to L, step RF together, turn 1/4R & step LF back 03:00
3-4 Step RF back, change weight to LF
5-8 Step RF fwd, change weight to LF, Step RF back, change weight to LF

*** Optional: Breaks**

If you like to 'Hit the breaks'. There are three breaks that happens two (three) times during the song - Wall 4 & wall 6 . (there is also three 'mini breaks' on wall 7)

To hit the three Breaks in wall 4 and wall 6 (and wall 7 if you want), change the whole S1 and the first 4 counts of S2 to:

S1 - Step R diagonal fwd, Hold x3, Step L diagonal fwd, Hold x3

1-4 Step RF R diag, hold for 3 counts
5-8 Step LF L diag, hold for 3 counts

S2 - Step R diagonal fwd, Hold x3

1-4 Step RF R diag, hold for 3 counts

Then continue the dance from S2 - count 5; Shuffle left, Rock back, Recover

Of course, feel free to Hit the Breaks any way you like it ;-)

Have fun & Enjoy :-)

RF = Right Foot

R = Right

If any questions; please contact me at: dagalexander@me.com
