

Secret of Heart

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Rahasia Hati - Element : (Spotify)



Intro: 8 counts

S1. FORWARD WITH SWEEP TURN 1/4 LEFT, CROSS, SCISSOR STEP, SIDE, WALK BACK WITH SWEEP L-R-L, COASTER STEP

1 - 2 1/4 turn left step L forward and sweep R to front(09.00) - cross R over L
3&4& Step L to side- step R next to L-cross L over R - step R to side
5 - 6 step L to back and sweep R to back- step R to back and sweep L to back
7 - 8& Step L to back and sweep R to back - step R to back- step L together

S2. FORWARD, RUN R-L-R-L MAKE A CURVE TURN RIGHT, FORWARD WITH SWEEP, CROSS, SCISSOR STEP

1 - 2 Step R forward- step L forward
3&4& 1/4 turn right step R forward -step L forward- 1/4 turn right step R forward - step L forward
5 - 6 Step R forward and sweep L to front-cross L over R
7 - 8& Step R to side- step L next to R Cross R over L

S3. CONTINUOUS VINE LEFT, BEHIND, FORWARD TURN 1/4 RIGHT, SPIRAL FULL TURN RIGHT, FORWARD, TOGETHER

1 - 2& Step L to side- step R behind L - step L to side
3 - &4 Cross R over L - step L to side-cross R behind L and sweep L to back
5 - 6 Cross L behind R - 1/4 turn right step R forward (06.00)
7 - 8& Step L forward and make 1/2 turn right(12.00) - continue 1/2 turn right and step R forward (06..00)- step L together

S4. MODIFIED JAZZ BOX, COASTER STEP, SWAYS, UNWIND FULL TURN LEFT

1-2-3 Step R forward and sweep L to front- cross L over R - step R to back
4& - 5 Step L to back- step R together step L forward
6 - 7 Step R to side and sway hips to right- sway hips to left
8& Cross R over L - make a full turn left weight on R(06.00)

***Restart on wall 5 after 16 count exclude '&' with change step,**

Do the step below :

7 - 8 Step R to side - Touch L next to R, then restart facing 12.00

Happy dancing!!

Please contact me for more info : Yulfit1907@gmail.com