

# Ride It

拍数: 32      墙数: 4      级数: Improver  
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音乐: Ride It - Regard



## #32 count intro - Restart on wall 5

### Step L, right behind, & heel & cross, ¼ turn R step, L step, Shuffle forward R-L-R

1,2            Step LF to left, cross step RF behind LF  
&3&4        Step LF to left, touch R heel forward, step RF center, cross step LF over RF  
5,6            ¼ turn right stepping RF forward, step LF forward  
7&8            Shuffle forward R-L-R

### Step L, pivot ¼ turn R, Cross Shuffle L-R-L, ¼ L step R, ¼ L step L, Shuffle forward R-L-R

1,2            Step LF forward, pivot ¼ turn R placing weight on RF  
3&4            Cross LF over RF, step R on RF, cross LF over RF  
5,6            Step R on RF making a ¼ turn L, step L on LF making a ¼ turn L  
7&8            Shuffle forward R-L-R

### Kick L, Step, Step, Hip Rolls, Step back R, Step back L, Body roll

1&2            Kick LF forward, Step forward LF, step RF center (feet about shoulder width apart)  
3,4            Roll hips around 2 times taking weight on LF  
5,6            Step RF back, step LF back  
7,8            Body roll down ending slightly squatted on LF

### Step back R, Step back L, R coaster, ¼ R step L, Touch R toe, Hip bumps R, L, Hitch L

1,2            Step RF back, step LF back  
3&4            Step RF back, step LF next to RF, step RF forward  
5,6            Step LF forward making ¼ turn R, touch R toe next to LF  
7&8            Step RF slightly R bumping hips R, bump hips left, bump hips R hitching L leg

**Restart: Wall 5. Do the first 16 counts and restart. Should be facing 12 o'clock.**

**Last Update - 5 Mar 2022**