Sono Timida

拍数: 32	**墙数:** 4	**级数:** Beginner / Improver

编舞者: Ira Weisburd (USA) & Sebastiaan Holtland (NL) - February 2022

音乐: Sono timida - Orchestra Italiana Bagutti

Rhythm: Foxtrot

Introduction: 16 counts. Start on vocal on word "Caro"at 13 secs.
NO TAGS ! NO RESTARTS !

PART I. (FORWARD, LOCK, STEP; FORWARD, FORWARD; FORWARD, RECOVER, BACK; BACK, BACK)
1&2	Step R forward, Step L behind R, Step R forward
3-4	Step L forward, Step R forward
5&6	Step L forward, Recover back onto R, Step L back
7-8	Step R back, Step L back

PART II. (BACK, TOGETHER, FORWARD; FORWARD, 1/2 L ; BACK, TOGETHER, FORWARD; 1/4 R, SIDE)
1&2	Step R back, Step-close L beside R, Step R forward
3-4	Step L forward, Step R back making 1/2 L Turn (6:00)
5&6	Step L back, Step-close R beside L, Step L forward
7-8	Step R to R making 1/4 R Turn (9:00), Step L to L

PART III. (BACK, SIDE, CROSS; SIDE, SIDE; BACK, SIDE, CROSS; 1/4 R MONTEREY TURN)
1&2	Step R back, Step L to L, Step R across L
3-4	Step L to L, Step R to R
5&6	Step L back, Step R to R, Step L across R
7-8	Touch R toe to R, Bring R foot beside L as you twist both heels to the L to make 1/4 R Turn (12:00)

PART IV. (POINT L: OUT, IN, OUT; SAILOR 1/4 L TURN; JAZZ BOX: CROSS, BACK, SIDE, FORWARD)
1&2	Touch L toe to L, Touch L toe beside R, Touch L toe to L
3&4	Step L back making 1/4 L Turn (9:00), Step R to R, Step L forward
5-6	Step R across L, Step L back
7-8	Step R to R, Step L forward

REPEAT DANCE.

ENDING: On Wall 11 (Facing 6:00), Dance the first 14 counts and finish facing 12:00.

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Last Update - 18 Feb. 2022