

# Got Mail !?!

拍数: 32      墙数: 4  
编舞者: Val Saari (CAN) - February 2022  
音乐: Please Mr. Postman - Carpenters

级数: Absolute Beginner



## INTRO: 16 counts

Begin on the downbeat before the words "Please Mr."

## SIDE TOGETHER SIDE TOUCH RL

1-2      Step RF to right side, Step LF beside R  
3-4      Step RF to right side, Touch LF next to R  
5-6      Step LF to left side, Step RF beside L  
7-8      Step LF to left side, Touch RF next to L

## RUMBA BOX BACK

1-4      Step RF to right side, Step LF beside R, Step RF back, hold  
5-8      Step LF to left side, Step RF beside L, Step LF forward, hold

## K-STEP 1/4 TURN L, SCUFF

1-2      Step RF diagonally forward, Touch LF beside RF  
3-4      Step LF diagonally back, Touch RF beside LF  
5-6      Step RF diagonally back, Touch LF beside RF  
7-8      Step LF diagonally forward 1/4 Turn L, Scuff RF forward

## CHARLESTON STEPS X 2

1-2      Step RF down, Kick LF forward  
3-4      Step LF back, Touch RF back  
5-6      Step RF forward, Kick LF forward  
7-8      Step LF back, Touch RF back

**TEACHING IDEA:** You could begin this with your class as a 1-wall dance by eliminating the 1/4 turn in the K-Step. After the class feels confident, add in the turn to then complete as a 4-wall dance. Maybe try optional shoulder shimmies on the K-step, or have everyone hold up their hand on the words "Stop" & "Wait" during the intro.... Have FUN!!!

No tags, no restarts

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