

Both Sides Now

拍数: 32 墙数: 4 级数: Intermediate
编舞者: YoungSoon Song (KOR) & Rex Chuan (USA) - February 2022
音乐: Both Sides Now (Duet with Sara Bareilles) - Josh Groban



****2 Restarts – After 16 counts on walls 4 & 8**

S1: Rock Forward/Recover, Back, 1/2 L Forward, Rock Forward/Recover, 1/2 R Forward, 1/4 R Side

1-2 RF Rock Forward(1), Recover weight onto LF(2)
3-4 RF Step Back(9:00)(3), LF 1/2 Turn L Step Forward(6:00)(4)
5-6 RF Rock Forward(5), Recover weight onto LF(6)
7-8 1/2 Turn R RF Step Forward(12:00)(7), 1/4 Turn R Step Side(3:00)(8)

S2: Cross Rock/Recover 1/4 R, Step Forward 1/2 R, Hitch, 1/2 R Step Back, Hook, Forward, 1/4 R Attitude, Kick Forward, Put down

1-2 RF Cross Rock(1), Recover weight onto LF and 1/4 Turn R(6:00)(2)
3-4 RF Step Forward and 1/2 Turn R LF Hitch(12:00)(3), 1/2 Turn R LF Step Back and RF Hook(6:00)(4)
5-6 RF Step Forward (5), RF 1/4 Turn R and LF Attitude(9:00)(6)
7-8 LF Kick Forward(7), Put your LF down on the floor(8)

****Restart Point**

S3: Rocking Chair with Sweep Forward, Cross, Side, Behind, Hold

1-2 RF Rock Forward(1), Recover weight onto LF(2)
3-4 RF Rock Back(3), Recover weight onto LF with RF sweeping to forward(4)
5-6 RF Cross Over(5), Stepping L to L side(6)
7-8 RF Cross Behind(7), Hold(8)

S4: Rock Side/Recover, Behind, 1/4 R Forward, Pivot 3/4 Turn R, Full Turn

1-2 Rock L side(1), Recover weight onto RF(2)
3-4 LF Cross Behind(3), 1/4 Turn R RF Step Forward(12:00)(4)
5-6 LF Step Forward(5), LF 3/4 Turn R(9:00)(6)
7-8 RF Step Forward(7), 1/2 Turn R LF Step Back(3:00)(8)

Do 1/2 Turn R (9:00) and start all over again.
