

# Super Funk

拍数: 32      墙数: 4      级数: Improver  
编舞者: Aurora Rife de Jong (USA) & Amy Christian (USA) - February 2022  
音乐: Upbeat Super Funk - WavebeatsMusic



Intro: 32 counts.

## STEP, STEP-SIDE ROCK, TOUCH, STOMP FWD, HEEL BOUNCE X 3 MAKING ¼ TURN LEFT,

1            Step R forward,  
2&3        Step L forward, rock R to right side, Recover on L,  
4            Touch R next to L,  
5            Stomp R forward,  
6-8        Bounce heels 3 times making a ¼ turn left, (weight ends on L), [9:00]

## CROSS, POINT OUT, L COASTER STEP, KICK-OUT-OUT, BUMP R, BUMP L,

1-2        Cross R over L, Touch L out to left side,  
3&4        L Coaster Step,  
5&6        Kick R forward, Step R out to right side, Step L out to left side,  
7-8        Bump R, Bump L,

## BIG STEP RIGHT, DRAG L, ¼ SAILOR STEP, FUNKY WEAVE,

1-2        Take a big step to the right side, Drag L towards R,  
3&4        ¼ Sailor turning left, [6:00]  
5-6        Step R behind L as you pop L knee, Step L to left side as you pop R knee,  
7-8        Cross R over L as you pop L knee, Step L to left side, (Option for counts 5-8 Do a regular weave),

\*(RESTARTS happen here.)

## ¼ MONTEREY INTO SWITCHES, KICKBALL CHANGE, ½, ½,

1-2        Touch R out to right side, Keeping weight on L - Twist ¼ right as you step R next to L, [9:00]  
3&4        Touch L out to left side, Replace L next to R, Touch R next to L,  
5&6        Kick R forward, Step back on ball of R, Step forward on L (Prep),  
7-8        Turn left making ½ turn [3:00], Turn left making ½ turn left, [9:00]

(Easy Option for counts 5&6 - Do a regular Kickball Change and for counts 7-8 Walk forward R-L,)

START OVER!

\*RESTARTS - There are 2 restarts and the music changes there.  
They happen after 24 counts on Wall 4 and Wall 9.

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