

# A Bit of Joy

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Shelli Blake (USA) - February 2022  
音乐: Joy - Andy Grammer



No tags/no restarts

#16 count intro - Weight starts on R foot

**\*\*On wall 8: slight change of timing, see note below**

## V-STEP, STEP, PIVOT ½ TURN, STEP PIVOT ¼ TURN

1-4            Step forward L at 10:00, Step forward R at 2:00, step back L to starting position, step R next to L  
5-6            Step forward L, pivot ½ turn R (6:00)  
7-8            Step forward L, pivot ¼ turn R (9:00)

**\*Styling note: on walls 4,7,10, counts 1-4, clap in direction of top left, top right, bottom left, bottom right (you will hear the tambourines)**

## SHUFFLE FORWARD L, SHUFFLE FORWARD R, ROCK FORWARD, RECOVER INTO ¼ TURN L, SIDE SHUFFLE L

1&2            Step forward L, step R next to L, step forward L  
3&4            Step forward R, step L next to R, step forward R  
5-6            Rock forward L, recover  
7&8            Step L into ¼ turn L, step R next to L, step L to L side (6:00)

## CHARLESTON STEPS: (STEP FORWARD R, KICK FORWARD L, STEP BACK L, TOUCH BACK R, STEP FORWARD R, KICK FORWARD L, STEP BACK L, TOUCH BACK R)

1-4            Step forward R, Kick L forward, Step back L, Touch back R  
5-8            Step forward R, Kick L forward, Step back L, Touch back R

## R JAZZ SQUARE INTO ¼ TURN R, ROCK FORWARD R, RECOVER, BACK COASTER STEP

1-4            Cross R over L, step back L, step R into ¼ turn R, step forward L (9:00)  
5-6            Rock forward R, recover L  
7&8            Step back R, step L next to R, step forward R

**Start Dance again**

**\*\*On wall 8 only:**

**First 4 counts are regular timing**

1-4            Cross R over L, step back L, step R into ¼ turn R, step forward L  
5-6            Slow this part down to match the music: Rock forward R, recover L  
7&8            Slow this part down to match the music: Step back R, step L next to R, step forward R

**Start dance from the beginning**

Contact: [acwcutie@gmail.com](mailto:acwcutie@gmail.com)

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