

A Bit of Joy

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Shelli Blake (USA) - February 2022
音乐: Joy - Andy Grammer



No tags/no restarts

#16 count intro - Weight starts on R foot

****On wall 8: slight change of timing, see note below**

V-STEP, STEP, PIVOT ½ TURN, STEP PIVOT ¼ TURN

1-4 Step forward L at 10:00, Step forward R at 2:00, step back L to starting position, step R next to L
5-6 Step forward L, pivot ½ turn R (6:00)
7-8 Step forward L, pivot ¼ turn R (9:00)

***Styling note: on walls 4,7,10, counts 1-4, clap in direction of top left, top right, bottom left, bottom right (you will hear the tambourines)**

SHUFFLE FORWARD L, SHUFFLE FORWARD R, ROCK FORWARD, RECOVER INTO ¼ TURN L, SIDE SHUFFLE L

1&2 Step forward L, step R next to L, step forward L
3&4 Step forward R, step L next to R, step forward R
5-6 Rock forward L, recover
7&8 Step L into ¼ turn L, step R next to L, step L to L side (6:00)

CHARLESTON STEPS: (STEP FORWARD R, KICK FORWARD L, STEP BACK L, TOUCH BACK R, STEP FORWARD R, KICK FORWARD L, STEP BACK L, TOUCH BACK R)

1-4 Step forward R, Kick L forward, Step back L, Touch back R
5-8 Step forward R, Kick L forward, Step back L, Touch back R

R JAZZ SQUARE INTO ¼ TURN R, ROCK FORWARD R, RECOVER, BACK COASTER STEP

1-4 Cross R over L, step back L, step R into ¼ turn R, step forward L (9:00)
5-6 Rock forward R, recover L
7&8 Step back R, step L next to R, step forward R

Start Dance again

****On wall 8 only:**

First 4 counts are regular timing

1-4 Cross R over L, step back L, step R into ¼ turn R, step forward L
5-6 Slow this part down to match the music: Rock forward R, recover L
7&8 Slow this part down to match the music: Step back R, step L next to R, step forward R

Start dance from the beginning

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