

For Real

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
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音乐: For Real - Joybird



Sec1. twist, hold, twist, hold

1, 2 Both heel out to R , Both toe out to R
3, 4 Both heel out to R , hold
5, 6 Both heel out to L , Both toe out to L
7, 8 Both heel out to L , hold

Sec 2. Rock and coaster x2

1, 2 Rock Rf fwd, recover on Lf
3&4 Step Rf back, step Lf beside Rf,step Rf fwd
5, 6 Rock Lf fwd, recover on Rf
7&8 step Lf back,step Rf beside Lf,step Lf fwd

Sec 3. K-step (option : k-step-hold)

count &12,&34,&56,&78

1, 2 Step Rf diagonal fwd R, touch Lf beside Rf
3, 4 Step Lf diagonal back L, touch Rf beside Lf
5, 6 Step Rf diagonal back R, touch Lf beside Rf
7, 8 Step Lf diagonal fwd L, touch Rf beside Lf

Sec 4. Jazz box 1/4 turn R

(option) : Jazz box in Toe struts 1/4 turn R

1, 2 Cross Rf over Lf , hole
3, 4 1/4turn R Lf back, hold
5, 6 step Rf to R side, hold
7, 8 step Lf together, hold
