

High Horse

COPPER KNOB
STEPSHETS

拍数: 16 墙数: 4 级数: Beginner
编舞者: Jérémy Quirion (CAN) & Zachary Gauvin (CAN) - February 2022
音乐: High Horse - Nelly, BRELAND & Blanco Brown



[1-8] HIP BUMPS R & L, BACK, BACK, BACK, BACK.

1&2 RF diagonally forward with bump, bump weight on LF, bump weight on RF,
3&4 LF diagonally forward with bump, bump weight on RF, bump weight on LF,
5,6,7,8 Step RF diagonally back, L, R, L.

Restart here on wall 5 (12:00)

[9-16] SIDE TOE SWITCHES, HITCH, TOE, STEP PIVOT 1/4, BODY ROLL.

1&2& Touch RF to R, RF beside LF, Touch LF to L, LF beside RF,
3&4 Touch RF to R, Hitch RF over L leg, Touch RF to R,
5,6 Step RF forward, Pivot 1/4 turn L weight on both feet,
7-8 Body roll on 2 counts.

Contact: Winslowdancers@gmail.com
