

Ganggangsulae (강강술래)

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Christina Yang (KOR) & Kyung Hee Lee (KOR) - February 2022
音乐: Gangnagsulae (강강술래) - Lee Yoona (이윤아) : (Korean Traditional Music)



(Note: Gangnagsulae is one of the traditional dances in Korea. It is danced with several or many peoples together holding hand with next person turning around the circle. This dance was danced for celebrating of harvest for a long time ago. Most Koreans believe it is spice up pleasure and morale for peoples.)
Korean Traditional music

Start the dance after 32 counts

SECTION 1: FORWARD SHUFFLE X 2, 1/4 TURN TO L WITH 2 TIMES OF FORWARD WALK, FORWARD SHUFFLE

1&2 Step RF forward on flat of heel, closed LF to RF, step RF forward on flat of heel
3&4 Step LF forward on flat of heel, closed RF to LF, step LF forward on flat of heel
5-6 1/8 turn to L stepping RF forward on flat of heel, 1/8 turn to L stepping LF forward on flat of heel
7&8 Step RF forward on flat of heel, closed LF to RF, step RF forward on flat of heel

SECTION 2: 1/8 TURN TO L WITH FORWARD WALK, HOLD, 1/8 TURN TO L WITH FORWARD WALK, HOLD, 1/4 TURN TO L WITH 4 TIMES OF FORWARD WALKS

1-4 1/8 turn to L stepping LF forward on flat of heel, hold, 1/8 turn to L stepping RF forward on flat of heel, hold

(Hand styling: Spread out both arms(1), bend R elbow to inside(2), spread out R elbow to outside(3), bend L elbow to inside(4))

5-8 1/8 turn to L stepping LF forward on flat of heel, 1/8 turn to L stepping RF forward on flat of heel, step LF forward on flat of heel, step RF forward on flat of heel

(Hand styling: Put both hands down slowly doing shoulder movements)

SECTION 3: SIDE ROCK AS BODY TURN TO L WITH HAND STYLING, RECOVER ON RF AS BODY TURN TO R WITH HAND STYLING, FULL TURN TO L, TOUCH

1-2 Rock LF to L side as body turn to L including face direction(Both hands move to L side like wiper)
3-4 Recover on RF as body turn to R including turn face to R(Both hands move to L side like wiper)
5-8 1/4 turn to L stepping LF forward, 1/4 turn to L stepping RF side, 1/2 turn to L stepping LF side. Touch RF next to LF

SECTION 4: 1/4 TURN TO R WITH FORWARD, SCUFF, STEP, SCUFF, 1/4 TURN TO R WITH JAZZ BOX, FORWARD

1-4 1/4 turn to R stepping RF forward, scuff LF, step LF forward, scuff RF

(Hand styling: Spread out both arms(1), Fold R elbow to R shoulder's direction(2), spread out both arms(3), Fold L elbow to L shoulder's direction(4)) ** Restart & tag here **

5-8 Cross RF over LF, 1/4 turn to R stepping LF backward, step RF side, step LF forward

RESTART & TAG

On the wall 9, you will dance until 28 counts and dance to 20 counts tag and start again

SECTION 1: 1/2 TURN TO L WITH CHASE TURN, 1/2 TURN TO L WITH FORWARD TOUCH, 6 TIMES OF CLAP BOTH HANDS OVER R SHOULDER

1-4 Step RF forward, 1/2 turn to L changing weight on LF, step RF forward, 1/2 turn to L and touch RF forward
5&6& Clap both hands over R shoulder x 4
7-8 Clap both hands over R shoulder x 2

SECTION 2: 1/2 TURN TO R WITH CHASE TURN, 1/2 TURN TO R WITH FORWARD TOUCH, 6 TIMES OF CLAP BOTH HANDS OVER L SHOULDER

- 1-4 Step LF forward, 1/2 turn to R changing weight on RF, step LF forward, 1/2 turn to R and touch LF forward
- 5&6& Clap both hands over L shoulder x 4
- 7-8 Clap both hands over L shoulder x 2

SECTION 3: JAZZ BOX FORWARD

- 1-4 Cross RF over LF, step LF backward, step RF side, step LF forward

**** Note: If you want to dance it on the party, all participants holding hand next person and repeat your LF and RF alternately 8 counts step of section 1 in the chorus part while turning around the circle continuously ****

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Korean Traditional music
