

See The Day

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Mikael Mölsä (FIN) - 20 December 2010
音乐: See the Day - Dee C. Lee : (CD: 100 Hits Of The 80's)



Starting point: A very brief start, start at the first violins at 0:02.
There is a restart on wall 5, after count 24.

SLOW FULL MONTEREY TURN

1-3 Step left across right, touch right to side, hold (12:00)
4-6 Bringing right next to left turn a full turn to right, touch left to side, hold (12:00)

Note: If the full turning monterey is too difficult, do the steps without the spin - step across (1), touch (2), hold (3), step across (4), touch (5), hold (6).

TWINKLE, RIGHT ½ TURN TWINKLE

1-3 Step left across right foot, step right to side, step left diagonally forward (12:00)
4-6 Step right across left foot, turn ¼ to right by stepping left foot back, turn ¼ to right by stepping right foot to the side (6:00)

LUNGE ACROSS, RECOVER, SIDE STEP, WEAVE LEFT

1-3 Lunge left across right, recover weight back to right, step left to side (6:00)
4-6 Step right across left, step left to side, step right behind left (6:00)

LONG STEP LEFT, SLIDE TOGETHER, 1 1/4 ROLLING GRAPEVINE RIGHT

1-3 Take a big step left, slide right next to left, touch right next to left (6:00)
4-6 Turn 1/4 to right and step right forward, turn 1/2 to right and step left back, turn 1/2 to right and step right forward (9:00)

Note: Restart here on wall 5.

SLOW RIGHT LEG RAISE, COASTER STEP

1-3 Step left forward, raise your right leg up (leg & ankle extended) (9:00)
4-6 Step right back, step left next to right, step right forward (9:00)

LUNGE FORWARD, RECOVER, STEPS BACK, 1/2 LEFT TURNING TURN, STEP FORWARD

1-3 Lunge left forward, recover weight back to right, step left back (9:00)
4-6 Step right back, turn 1/2 turn to left and step left forward, step right forward (3:00)

1/2 RIGHT TURNING PIVOT, 1/2 LEFT TURNING SWEEP

1-3 Step left forward, turn 1/2 to right, step left forward (9:00)
4-6 Turn 1/2 to left and sweep left from back to forward for 2 counts, step right next to left (3:00)

LONG STEP LEFT, SLIDE TOGETHER, FULL TURNING ROLLING GRAPEVINE RIGHT

1-3 Take a big step left, slide right next to left, touch right next to left (3:00)
4-6 Turn 1/4 to right and step right forward, turn 1/2 to right and step left back, turn 1/4 to right and step right to side (3:00)

Note: For easier steps, the counts 4-6 can be replaced with a normal grapevine to right

REPEAT