

Rasputin

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Aurora Zarcos (ES) - June 2021
音乐: Rasputin - Majestic & Boney M.



Translated by: Adela Herrero

****2 Tags. No Restarts.**

(1-8) Kick forward, Step, Point Back, Step, Step Heel touch together x2, Step Fwd x2

1-2 RF kick forward, RF step next to LF
3-4 LF point back, LF step next to RF
5&6& RF touch heel forward, RF step together, LF touch heel forward, RF step together
7-8 RF step forward, LF step forward

(9-16) Rock RF, Recover, Shuffle ½ turn right, Step Fwd ½ turn right, step left side, hold

1-2 RF Rock forward, recover back
3&4 RF step with ¼ turn R, LF step together, RF step with ¼ turn R (6:00)
5-6 LF step forward, RF ½ turn R (12:00)
7&8 LF step left side, hold & clap, clap

(17-24) Cross RF, Step Heel touch together, Cross LF, Step right, Hold, Step right, Hold

1-2 Cross RF over LF, LF step left
3&4 RF touch heel forward, RF step together, Cross LF over RF
5-6 Step right RF, hold
7&8 LF step together, Step right RF, hold

**** (There are specific arm movements from step 3 to 8. If you want to learn them, take a look at the teaching video.)**

(25-32) ¼ Jazzbox turn left x2, RF touch together

1-2 Cross LF over RF, RF step backwards
3-4 LF step left turn ¼, RF step together
5-6 Cross LF over RF, RF step backwards
7-8 LF step left turn ¼, RF touch together

Start again!

***Tag 1. 16 counts: At the end of the 4th wall (12:00)**

(1-8) Step right diagonal, touch, step left diagonal ½ turn left, touch, Step right diagonal, touch, step left diagonal ½ turn left, touch

1-2 RF step right diagonal, touch LF next to RF & clap
3-4 LF step back left diagonal ½ turn left (6:00), touch RF next to LF & clap
5-6 RF step right diagonal, touch LF next to RF & clap
7-8 LF step back left diagonal ½ turn left (12:00), touch RF next to LF & clap

(9-16) V step RF, 2x Out, Out, In, In with heels

1-2 RF step right diagonal, LF step left diagonal
3-4 RF step back to center, LF step next to RF
&5 RF heel touch right diagonal, LF heel touch left diagonal
&6 RF step back to center, LF step next to RF
&7 RF heel touch right diagonal, LF heel touch left diagonal
&8 RF step back to center, LF step next to RF

***Tag 2. 8 counts: At the end of the 9th wall (6:00)**

(1-8) Step right diagonal, touch, step left diagonal, touch, 3x Out, Out, In, In

1-2 RF step right diagonal, touch LF next to RF & clap
3-4 LF step back left diagonal, touch RF next to LF & clap
&5 RF heel touch right diagonal, LF heel touch left diagonal
&6 RF step back to center, LF step next to RF
&7 RF heel touch right diagonal, LF heel touch left diagonal
&8 RF step back to center, LF step next to RF

"Because dancing makes us feel alive"

Contact: Anhelaz80@gmail.com
