Revolution In Paradise



拍数: 80 墙数: 1 级数: Phrased Intermediate

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音乐: Revolution In Paradise - Heath Hunter & The Pleasure Company: (CD: Love Is

The Answer # 1)



Dance Sequence: A B C Tag A B B C Tag C C B B C

Starting point: Start on vocals (approximately at 0:22)

A (vocals) (32 counts)

MAMBO FORWARD, MAMBO BACK, SYNCOPATED 1/2 PIVOT, SHUFFLE FORWARD

1&2	Step left forward, step weight back to right, step left next to right
3&4	Step right back, step weight back to left, step right next to left

5&6 Step left forward, turn ½ turn to right, step left forward (now facing 6:00)

7&8 Shuffle forward right-left-right

9-16 Repeat steps 1-8

MAMBO FORWARD, ½ LEFT TURNING STRUT, MAMBO FORWARD, KICK BALL CHANGE

1&2	Step left forward, step weight back to right, step left next to right
3-4	Touch right toe forward, step weight on right (turn $\frac{1}{2}$ left while you're doing this) (now facing 6:00)
5&6	Step left forward, step weight back to right, step left next to right
7&8	Kick right forward, step right next to left, step left in place

MAMBO FORM	ARD, 1/2 LEFT TURNING SAILOR STEP, MAMBO STEP, 1/4 LEFT TURNING SAILOR STEP
1&2	Step right forward, step weight back to left, step right next to left
3&4	Step left behind right, step right next to left, step left to left side (while doing this turn ¼ to left) (now facing 3:00)
5&6	Step right forward, step weight back to left, step right next to left
7&8	Step left behind right, step right next to left, step left to left side (while doing this turn ¼ to left) (now facing 12:00)

B (Chorus) (32 counts)

BIG SWEEP LEFT, BIG SWEEP RIGHT

1-3,4	Sweep right foot from back to front to make a full turn to left, step right over left (now facing
	12:00)
5-7.8	Sweep left foot from back to front to make a full turn to right, step left over right (now facing

eft foot from back to front to make a full turn to right, step left over right (now facing 12:00)

ATTITUDE STRUTS WITH CLAPS x 4

1-2	Touch right toe back, step weight on right
3-4	Touch left toe back, step weight on left
5-6	Touch right toe back, step weight on right
7-8	Touch left toe back, step weight on left
Arms: Clap your hands while you step your heel down	

HITCH TURNS THAT TURN 1 ½ x 2

&1	Hitch right while turning ¼ to left, touch right to side while turning ¼ to left
&2	Hitch right while turning ¼ to left, touch right to side while turning ¼ to left
0.0	Litab right while turning 1/ to left stan right to side while turning 1/ to left (new for

Hitch right while turning $\frac{1}{4}$ to left, step right to side while turning $\frac{1}{4}$ to left (now facing 6:00) &3

Hold

&5	Hitch left while turning ¼ to right, touch left to side while turning ¼ to right
&6	Hitch left while turning 1/4 to right, touch left to side while turning 1/4 to right
a =	

&7 Hitch left while turning ¼ to right, touch left to side while turning ¼ to right (now facing 12:00)

8 Hold

ATTITUDE STRUTS WITH CLAPS x 4

Touch left toe forward, step weight on left
Touch right toe forward, step weight on right
Touch left toe forward, step weight on left
Touch right toe forward, step weight on right

Arms: Clap your hands while you step your heel down

Note: In the part of the dance where you have two B's in a row (B B), TOUCH right next to left so that you may begin section B normally again.

C (Instrumental) (16 counts)

TOE TOUCHES WITH A HITCH x 4

Touch left to left side, step left next to right, touch right to right side

Step right next to left, touch left to left side, hitch left, touch left to left side

Step left next to right, touch right to right side, step right next to left, touch left to left side

Step left next to right, touch right to right side, hitch right, touch right to right side, step right next to left

9-16 Repeat steps 1-8

Note: In the part of the dance where you have a B after the C, leave out the last & -count so that you may begin section B normally again.

TAG (rapper) (16 counts)

ROCK FORWARD, COASTER STEP, ROCK BACK, REVERSED COASTER STEP

1-2	Rock left forward, step weight back on to right
3&4	Step left back, step right next to left, step left forward
5-6	Rock right back, step weight back to left
7&8	Step right forward, step left next to right, step right back

SIDE ROCK, WEAVE, SIDE ROCK, WEAVE

1-2	Rock left to left side, rock onto right in place
3&4	Step left behind right, step right to right side, step left over right
5-6	Rock right to right side, rock onto left in place
7&8	Step right behind left, step left to left side, step right over left