

For the First Time

拍数: 32 墙数: 2 级数: Beginner
编舞者: Tina Tjhin (INA) & Ria Joyful (INA) - February 2022
音乐: For the First Time - Rod Stewart



Intro : 16 counts

#3 TAGS : 8 counts after Walls 2,4,6 (Step rocking chair, sway RLRL)

I. PRISSY WALK RL, FORWARD MAMBO, SWEEP BACK, COASTER STEP

1,2 R walk step forward slightly cross(1) L walk step forward slightly cross(2)
3&4 R step forward(3) recover on L(&) L step together(4)
5,6 L sweep from front to behind R(5) R Sweep from front to behind L(6)
7&8 step back on L(7) R back together L step forward L(8)

II. PIVOT 1/2 TURN LEFT- PIVOT 1/2 TURN RIGHT , SCISSORS

1&2 R step forward(1) L pivot 1/2 turn left (&) R step forward(2)
3&4 L step forward , R pivot 1/2 turn right(&) L step forward(4)
5&6 R side to right side(5) L step together(&) R cross over L(6)
7&8 L side to left side(7) R step together(&) L cross over R(8)

III. R SIDE , L SWEEP FRONT TO BACK L CROSS BEHIND , R SIDE L CROSS ROCK , RECOVER ON R , 1/4 TURN LEFT LSTEP FORWARD , R STEP FORWARD , SLOW RUN FORWARD L , R , L , 1/2 PIVOT TURN LEFT

1,2&3 R step to right side(1) L sweep front to back cross behind R(2) R step to right side(&) L cross rock diagonal forward(3)
4&5 Recover on R (4) L 1/4 turn left step forward (&) R step forward(5)
6,&7 L step quick forward(6) R step quick forward(&) L step slow forward(7)
8& R 1/2 pivot turn left(8) L step forward(&)

IV. RHUMBA BOX , BASIC NC , STEP BACK TOGETHER

1,2& R side to right side(1) L step together(2) R step forward(&)
3,4& L side to left side(3) R step together(4) L step back(&)
5,6& R side to right side(5) L rock back(6) recover on R(&)
7, 8& L side to right side(7) R step back 1/4 turn right(8) L step together(&)

ENDING 4 COUNTS (STEP ROCKING CHAIR)

Enjoy the dance, best regards always from Tina Tjhin and Ria Joyful
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