

Shake It

拍数: 32 墙数: 4 级数: Newcomer ECS
编舞者: Estere Šmite (LAT) - February 2022
音乐: Girls Love to Shake It - Love and Theft



¾ DIAMOND SHUFFLE

1 RF 1/8 turn R, Step R (1.30)
& LF Step together
2 RF Step R
3 LF ¼ turn L, Step L (10.30)
& RF Step together
4 LF Step L
5 RF ¼ turn R, Step R (7.30)
& LF Step together
6 RF Step R
7 LF 3/8 turn L, Step L (3.00)
& RF Step together
8 LF Step L

SAILOR STEP 2X, SIDE KICK 2X, KICK ½ TURN, KICK.

9 RF Cross behind
& LF Step L
10 RF Step R
11 LF Cross behind
& RF Step R
12 LF Step L
13 RF Kick side
& RF Step together
14 LF Kick side
& LF Step together
15 RF Kick side
& RF ½ turn R, Hitch (9.00)
16 RF Kick forward

ROCK STEP, SHUFFLE, STEP 2X, SHUFFLE STEP 5/8 TURN.

17 RF Step forward
18 LF Recover weight
19 RF ¼ turn R, Step R (12.00)
& LF Step together
20 RF Step R
21 LF Cross over
22 RF ¼ turn R, Step backwards (9.00)
23 LF 3/8 turn L, Step forward (4.30)
& RF Step together
24 LF ¼ turn L, Step forward (1.30)

ROCK STEP, STEP BACKWARDS 2X, STEP 3/8 TURN.

25 RF Step forwards
26 LF Recover weight
& RF Hitch
27 RF Step backwards

&	LF Hitch
28	LF Step backwards
29	RF Step backwards
30	LF Recover weight
31	RF Step forward
32	LF 3/8 turn L, Step forward (9.00)

CC Rotation
