

# Free Woman

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Hiroko Carlsson (AUS) - February 2022  
音乐: Free Woman - Lady Gaga : (iTunes/Amazon/Spotify)



(Dance starts on lyrics)

## [S1] Cross, Point-Behind, Side Rock, Back Rock, Step Pivot 1/2R

1 2&      Cross L over R, Point R to the right, Step R behind L  
3 4      Rock L to the side, Replace weight on R  
5 6      Rock back on L, Replace weight on R  
7 8      Step forward on L, Make a 1/2 turn right recover weight on R (6:00)

## [S2] 1/2R Shuffle Back-1/2R Shuffle Fwd-1/4R-Behind Toe Strut, Side Rock

1&2      Making a 1/2 turn right shuffle back on L-R-L (12:00)  
3&4      Making a 1/2 turn right shuffle forward on R-L-R (6:00)  
&5 6      Make a 1/4 turn right stepping L to the side, Touch R toes behind L, L heel down (9:00)  
7 8      Rock L to the side, Replace weight on R

## [S3] Cross Shuffle-1/4L Shuffle Back-1/2L Shuffle Fwd, Step-Pivot 1/4L

1&2      Cross L over R, Step R close to L, Cross L over R  
3&4      Making a 1/4 turn left shuffle back on R-L-R (6:00)  
5&6      Making a 1/2 turn left shuffle forward on L-R-L (12:00)  
7 8      Step forward on R, Make a 1/4 turn left recover weight on L (9:00)

## [S4] Modified Box w/ Point, Box Step

1 2&      Cross R over L, Step back on L, Step R to the side  
3 4      Cross L over R, Point R to the side  
5 6 7 8      Cross R over L, Step back on L, Step R to the side, Step forward on L\*\*

## [S5] Step-Pivot 1/4L, Cross-1/4R-1/4R-Cross-Side Shuffle

1 2      Step forward on R, Make a 1/4 turn left recover weight on L (6:00)  
3 4      Cross R over L, Make a 1/4 turn right stepping back on L (9:00)  
5 6      Make a 1/4 turn right stepping R to the side, Cross L over R (12:00)  
7&8      Side shuffle to the right on R-L-R

## [S6] Behind Rock-1/4R Shuffle Back, Back Rock, Sway-Sway

1 2      Rock R behind L, Replace weight on L  
3&4      Making a 1/4 turn right shuffle back on R-L-R (3:00)  
5 6      Rock back on L, Replace weight on R  
7 8      Step R to the side and sway to the right, Sway to the left

## [S7] K Step 1/4R Turn

1 2      Step diagonally forward on R, Touch L next to R  
3 4      Step diagonally back on L, Touch R next to L  
5 6      Make a 1/4 turn leftstepping back on R, Touch L next to R (12:00)  
7 8      Step diagonally forward on L, Touch R next to L

## [S8] Step-Pivot 1/4L, 2x (Out-Out-In-In), Behind, Point

1 2      Step forward on R, Make a 1/4 turn left recover weight on L (9:00)  
&3&4      Step out-out on R-L (&3), Step in-in on R-L (&4)  
&5&6      Step out-out on R-L (&5), Step in-in on R-L (&6)

7 8                    Step R behind L, Point L to the left

**Restart on Wall 3 count 32\*\* (3:00) with step change**

**[S4] Modified Box w/ Point, Cross, Back, Side, Hold**

1 2&                    Cross R over L, Step back on L, Step R to the side

3 4                    Cross L over R, Point R to the side

5 6 7 8                Cross R over L, Step back on L, Step R to the side, Hold (3:00)

**Ending suggestion: The last wall finishes facing 6:00. Then,  
Step-pivot 1/2R to the front**

**Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 1/Feb/22)**

---