Glowing Review (CBA 2022)



拍数: 32 墙数: 4 级数: Improver

编舞者: Sandra Speck (UK) - January 2022

音乐: Glowing Review - Maisie Peters: (iTunes)



#8 count intro, approx. 07 seconds

S1. ROCKING CHAIR. 1/4 HEEL GRIND. COASTER	STED

1-2	Rock forward on RF, recover onto LF
3-4	Rock back on RF, recover onto LF,

- 5-6 Heel grind RF turning ¼ right, step onto LF,
- 7&8 Step back on RF, close LF next to RF, step forward on RF,

S2. STEP ½ PIVOT, SHUFFLE ½ TURN, BACK, ½ STEP, FORWARD SHUFFLE

1-2	Sten forward on L	F pivot 1/2 turn	right weight on RF.
1-2	Step forward on L	.r. bivol ⁄₂ lum	nant weight on RF.

- 3&4 Turn ½ right stepping LF to side, close RF next to LF, turn ½ right stepping back on LF,
- 5-6 Step back on RF, turn ½ left stepping forward on LF,
- 7&8 Step forward on RF, close LF next to right, step forward on RF

S3. STEP 1/4 PIVOT, CROSS SHUFFLE, SIDE ROCK, BACK ROCK

- 1-2 Step forward on LF, pivot ¼ turn right weight on RF,
- 3&4 Cross LF over right, step RF to side, cross LF over right, (tag on walls 4 & 8)
- 5-6 Rock RF to right side, recover onto LF,
- 7-8 Rock back onto RF, recover onto LF,

S4. SIDE TOUCH, KICK BALL CROSS, SIDE ROCK, 1/4 SAILOR

- 1-2 Step RF to side, touch LF next to RF,
- 3&4 Kick LF forward to left diagonal, step on ball of LF, cross RF over LF,
- 5-6 Rock LF to left side, recover onto RF,
- 7&8 Step LF behind RF, turn ¼ left stepping RF to side, step LF to side.

TAGS: Dance up to count 20 on walls 4 (facing 3 o'clock) & wall 8 (facing 6 o'clock) then add the 4 count tag

1-2 Step RF to side, touch LF next to RF

3-4 Step LF to side, touch RF next to LF

Then restart the dance from the beginning.

Dance finishes on wall 11, dance up to count 16, turn ½ right stepping LF to side (facing 12 o'clock) TAH DAH!!!