

Don't Worry

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Deborah O'Hara (CAN) - January 2022
音乐: Three Little Birds - Sean Paul & Ziggy Marley
或: Three Little Birds - Bob Marley & The Wailers



Alternative music: Three Little Birds - Bob Marley

Dance begins on count 32 - NO TAGS NO RESTARTS

SCISSORS RIGHT W/ HOLD, SCISSORS LEFT/WITH HOLD BOTH MOVING FWD

1 - 4 Step open R, Step L beside R, Cross R over L moving fwd., Hold (4)
5 - 8 Step open L, Step R beside L, Cross L over R moving fwd., Hold (4)

STEP TOUCH BACK 4X (alternative: shoulder shimmy)

1 & 2 Step back R on R angle, Touch L toe to R instep, clap 2x
3 - 4 Step back L on L angle, Touch R toe to L instep & clap
5 - 6 Step back on R on R angle, Touch L toe to R instep & clap
7 - 8 Step back on L on L angle, Touch R toe to L instep & clap

VINE R WITH HITCH, VINE L 1/4 L WITH SCUFF

1 - 4 Step open R, Step L behind R, Step open R, Hitch L knee
5 - 8 Step open L, Cross R behind L, Step L 1/4 L, Scuff R heel fwd.

TOE STRUT R OVER L, L TOE STRUT BACK, R TOE STRUT SIDE, STOMP, HOLD (lots of attitude)

1-2 Place R toe over L (pushing hips fwd) , Drop Heel
3-4 Place L toe back (pushing hips back) Drop L heel
5-6 Place R to to R side (push hip to side, Drop R heel
7-8 Stomp L ft beside R, Hold (4)

Have Fun!!! Don't Worry!!! Just keep dancing!!!!

Contact: Deborah O'Hara (Dancing Debbie) dancingdebbie1951@yahoo.ca or FB or Youtube